

stitchin' time

No.45

60p





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| | |
|---|----|
| Pleated Skirt – using ribbing attachment | 3 |
| Lady's Fairisle Suit | 4 |
| Father and Son's Cardigans – using colour changer | 6 |
| Bags of Ideas | 9 |
| Maternity Smock | 10 |
| Children's Pyjamas | 12 |
| Man's Waistcoat | 14 |
| Cut and Sew | 16 |
| Patchwork Skirt | 21 |
| Cable Top Suit | 22 |
| Man's Lace Sweater | 24 |
| Tuck Stitch Dress | 26 |
| Children's Nautical Outfits | 28 |
| Lady's Blouse with Pleated Front | 30 |
| Home Furnishing – Woven Rug | 32 |
| Teenager's Disco Dress and Tights | 34 |
| Focus on Knitting | 35 |

Now is the time to start working on your winter wardrobe if you have not already done so. We have included something for all members of the family this issue, from children's pyjamas to a teenage daughter's disco outfit. Dad is not forgotten and has a choice of the classic fairisle cardigan or, for the more fashion-conscious, a lace sweater. A smart navy and white suit – cover and page 22 – will stun everyone on a special outing or at the office, and if you are a 'lady in waiting' turn to page 10 for a really romantic look.

This issue sees the beginning of a new feature: "Cut and Sew" from Susan Nutbeam. We hope this article will help any readers who already produce garments in this way and encourage those who have not yet tried.

See Bags of Ideas, page 9 – Carol Chambers tells you how to make use of your "experiments" and tension squares, ideal for bazaar stalls – which we are always asked to contribute to at this time of year – or indeed presents, when Christmas doesn't seem too far away.

PLEATED SKIRT

Using Ribbing Attachment



Materials

Silverknit Dakota 2 cones. 1 7" z. per, fasteners.

Measurements

22 (24, 26, 28)" waist. 34-40" hips. Length 24".

To increase length an extra cone will be required. Knit extra rows in step 3.

Tension

17 rows x 10 stitches = 1" TD $\frac{1}{2}$.

Machine

All machines with ribber attachment.

PANELS

Knit 3 alike.

1) COR. Bring forward 167 needles on each bed. Set ribber to 'H' position. Cast on full needle rib with close knit bar inserted. Knit 2 rows tub. (Left part button on main bed, right lever on ribber.)

2) Counting from left, transfer 4th N to ribber bed from the main bed, * leave 10 Ns on main bed, transfer next N to ribber bed, repeat from * to leave 9 Ns at far right on main bed.

Note: It is easier to transfer Ns if you move ribber one position, counting from left transfer 7th N on ribber bed to main bed**, leave 10 Ns on ribber, transfer next N to main bed, repeat from ** to leave 5 Ns at far right on ribber. Move ribber back one position so that knitting lines up.

3) RC000, T $\frac{1}{2}$, K 360 rows. K 1 row T $\frac{3}{4}$. K 2 rows tub. Cast off.

Note: To cast off a long thread may be used pulling through each N as if casting off the final stitch in a plain knitting, or a tapestry needle may be used as in instruction books.

WAISTBAND

Bring forward 31 Ns on main bed with 16th N in 'A' position, and 30 Ns on ribber. K 2 rows tub. Cancel the part button on main bed, but leave slip lever on ribber working. Knit 430 (450, 470, 490) rows, C/O.

TO MAKE UP

Join seams in mattress stitch, leaving an opening for zip. Insert zip. Tack along top edge to secure pleats, drawing up thread to fit waistband, leaving one inch overlapping. Machine along tacking line to fix pleats. Machine waistband over top edge and catch down inside with invisible hem stitch. Fix waistband fastener to band, join band ends.

NOTE

Remove close knit bar from machine.



Lady's Fairisle Suit

Materials

ARGYLL Sportsday in four colours: Camel, Brown, White, Natural. Approx. 2 cones total. Very small amount of Brown, White and Natural.

Measurements

To fit bust: 81cm (32"), 86cm (34"), 91cm (36"), 97cm (38").
Skirt length: 70cm (28").

Tension

Always check tension before commencing.

T8 over st.st. T9 over fairisle. 13 sts and 17 rows = 5cm (2").

Success depends on working to correct tension.

Notes

See diagram for card.

SKIRT (6 panels alike)

Insert card and lock on row 1. Cast on in W.wl. 105 (107, 109, 111) sts. Knit a few rows. Change to M.wl. (Camel). T8 knit 20 rows. Turn up hem and knit the row. Knit 1 row. RC000.

Dec. 1 st at each end of next and every foll. 6th row. Cont. dec.'s. At same time knit to 30 rows and cont. in pattern.

Pattern (T8/9)

**
Change to White. Knit 2 rows.
Change to Camel. Knit 2 rows.
Change to Natural. Knit 20 rows.
With Camel in feeder B release card and work in fairisle until no Ns are selected. Change Camel into feeder A and put White into feeder B. Knit to last row of zigzags. Lock card. Knit 4 rows.
Change to White. Knit 2 rows.
Change to Camel. Knit 2 rows.
Change to Natural. Knit 2 rows.
**

Knit 30 rows Brown.
Rep. from ** to **.

Change to Camel and work until 27 (29, 31, 33) sts rem. Knit to 234 rows. Change to W.wl. Knit a few rows and release from machine.

Waistband

With W.wl. cast on 79 (85, 91, 97) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl. Camel. T7. Knit 20 rows. Turn up hem. Place last row of M.wl. on skirt panels onto Ns putting first st of second panel onto same N as last st of first panel and first st of third panel onto last st of second panel. Cast off.
Knit second side to match.

SWEATER

BACK

With W.wl. cast on 107 (113, 119, 125) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl. Camel. T7 knit 60 rows. Turn up hem and knit the row. Knit 1 row. RC000.

T8/9 work patt. from ** to **. Change to Camel and knit to 106 rows or required length.

Armhole shaping

Cast off 2 sts at beg. of next 2 rows. Knit 4 rows. Dec. 2 sts at each end of next and every foll. 5th row 5 times in all. ***

Knit to 38 (40, 42, 44) rows. Carr. to right. Cast off centre 28 sts. Put left side of work into HP. Knit 1 row. Dec. 2 sts at neck edge every 2nd row at the same time as:

Shoulder shaping

Cast off 5 sts at right every 2nd row. Work these two shapings tog. until 3 sts rem. Cast off.

Knit other side to match reversing shapings.

FRONT

As back to ***.
Knit to 26 (28, 30, 32) rows. Cast off centre 28 sts. Put left side into HP and

work on right side only. Dec. 1 st at neck edge every 2nd row 6 times.

Work Shoulder shaping

SLEEVES

Insert card and lock on row 1. With W.wl. cast on 57 (60, 63, 66) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl. Camel. T7 knit 60 rows. Turn up hem and knit the row. Knit 1 row. RC000.

Inc. 1 st at each end of next and every foll. 20th row. Knit to 34 rows. Start patt. Work ** to ** at the same time as cont. inc's. Work until there are 71 (74, 77, 80) sts rem. Knit to 140 rows or required length.

Sleeve head shaping

Cast off 3 sts at beg. of next 2 rows. Dec. 1 st at each end of next and every foll. 3rd row 11 times in all. Knit to 178 (180, 182, 184) rows.

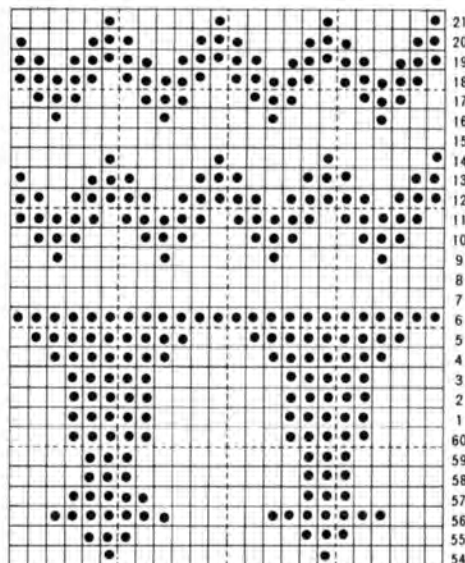
Cast off 6 sts at beg. of next 6 rows. Knit 1 row. Cast off.

Neckband

Join one shoulder seam. Hold neckline against machine and cast on in W.wl. as 2 x 1 mock rib corresponding number of sts. Knit a few rows. Change to M.wl. Camel. T7. *Knit 2 rows, T one dot tighter*, rep. 5 times in all. Turn up hem. Pick up corresponding number of sts along neckline. With wrong side of work facing, place picked up sts onto Ns. Cast off.

MAKE UP

Press all pieces according to instructions on cone band. Join all seams. Mattress st cuffs, neckband and hem. Thread waistband with 2.5cm (1") elastic. Join elastic securely. Mattress st waistband openings. Press seams.





Father & Son's Cardigans

USING COLOUR CHANGER

Father's

Col changer

Materials

17 (18, 19, 21, 22) balls M, 3 (3, 4, 4, 5) balls of each contrast A & B, 20 gm balls Robin Columbine Crepe.

To fit

38 (40, 42, 44, 46) ins.

Tension

Plain knitting: 28 sts & 42 rows to 4 ins (10 cm) with TD approx. 7

Fairisle patt.: 31 sts & 37 rows to 4 ins (10 cm) with TD approx. 7

Machines

Most suitable for KH820, 830, 840 machines with single bed Col changer, but can be knitted on any machine if pattern substituted and correct tension achieved.

Pattern notes

Punch card as shown in the diagram. Back and fronts knitted in fairisle pattern, with M in feeder 2 (see Col changer manual) and A & B used in sequence, changing colours at points marked on the punchcard. Sleeves in plain knitting.

BACK

Using M, cast on in 1 x 1 rib 157 (165, 173, 181, 189) sts. TD at MT-3, knit 42 rows and turn hem. Inc. 1 st - 158 (166, 174, 180, 188) sts.

RC000 TD at MT, set and start to knit in pattern, changing colours at points marked on card. Knit to RC 134 (138, 144, 148, 152).

Shape armholes

Cast off 6 (7, 8, 8, 9) sts at beg. of next 2 rows. Cast off 4 (4, 4, 5, 5) sts at beg. of next 2 rows. Cast off 3 (3, 4, 5, 5) sts at beg. of next 2 rows. Dec. 1 st at both sides of next and every foll. alt. row 7 (7, 7, 7, 8) times in all - 120 (124, 128, 132, 136) sts. Knit to RC 198 (208, 218, 226, 236).

Shape shoulders

Cast off 8 (8, 8, 9, 9) sts at beg. of next 2 rows. Cast off 8 (8, 8, 9) sts at beg. of next 2 rows. Cast off 8 sts at beg. of next 2 rows. Cast off 7 (8, 8, 8, 8) sts at beg. of next 2 rows. Cast off 7 (7, 8, 8, 8) sts at beg. of next 2 rows. Cast off remaining 44 (46, 48, 50, 52) sts.

FRONT (RHS)

Using M cast on in 1 x 1 rib 73 (77, 81, 85, 89) sts. TD at MT-3 knit 42 rows and turn hem. Inc. 1 st - 74 (78, 82, 86, 90) sts.

RC000 TD at MT. Set and start in fairisle patt. changing Col as shown on the punch card. Knit to RC 113 (117, 123, 127, 131) - knit 1 extra row for LHS. Dec. 1 st at neck edge on next and every foll. 4th row 17 (18, 19, 20, 21) times in all *and at the same time* knit to RC 134 (138, 144, 148, 152) - knit 1 extra row for LHS.

Shape Armhole

Cast off 6 (7, 8, 8, 9) sts at beg. of next row, knit 1 row. Cast off 4 (4, 4, 5, 5) sts at beg. of next row, knit 1 row. Cast off 3 (3, 4, 5, 5) sts at beg. of next row, knit 1 row. Dec. 1 st at armhole edge on next and every foll. alt. row 7 (7, 7, 7, 8) times in all. Knit to RC 198 (208, 218, 226, 236) - knit 1 extra row for LHS.

Shape shoulders

Cast off 8 (8, 8, 9, 9) sts at beg. of next row, knit 1 row. Cast off 8 (8, 8, 8, 9) sts at beg. of next row, knit 1 row. Cast off 8 sts at beg. of next row, knit 1 row. Cast off 7 (8, 8, 8, 8) sts at beg. of next row, knit 1 row. Cast off rem. 7 (7, 8, 8, 8) sts. Knit LHS to match RHS, noting difference in rows knitted.

SLEEVES

Using M, cast on in 1 x 1 rib 59 (61, 63, 65, 67) sts. TD at MT-3, knit 42 rows and turn hem. Inc. 1 st. 60 (62, 64, 66, 68) sts. RC000 TD at MT, knit 10 rows. Inc. 1 st at both sides of next and every foll. 5th row 30 (31, 32, 33, 34) times in all - 120 (124, 128, 132, 136) sts. Knit to RC 174 (178, 184, 190, 194).

Shape sleeve head

Cast off 6 (7, 8, 8, 9) sts at beg. of next 2 rows. Dec. 1 st at both sides of next and every foll. alt. row 5 (8, 11, 13, 14) times in all, knit 1 row. Dec. 1 st at both sides of next and every foll. row 38 (36, 34, 34, 34) times in all - 22 sts remain. Knit 50 (52, 52, 54, 54) rows and cast off.

FRONT AND NECKBAND

Cast on by hand 18 sts. TD at MT-1, knit 4 rows. *Miss 3 sts at either side and make buttonhole over next 3 sts*.

**Knit 33 (34, 36, 37, 38) rows and repeat from * to * **. Repeat from ** to ** until a total of 5 buttonholes have been made. Knit straight until band is long enough to go up first front, right around neck (slightly stretched) and then up 2nd front. Cast off.

TO MAKE UP

Sew up saddle shoulders. Set in sleeves. Sew sleeves and side seams. Fold band in half longitudinally and sew neatly to front and neck (stretching band slightly at neck). Give final light press.

Son's

Col changer

Materials

18 (18, 18, 19, 20) balls Main, 2 (3, 3, 4, 4) balls of each contrasts A & B. 20 gm balls Robin Columbine Crepe.

To fit

28 (30, 32, 34, 36) ins.

Tension

Plain knitting: 28 sts and 42 rows to 4 ins (10 cm) with TD approx. 7.

Fairisle pattern: 31 sts and 37 rows to 4 ins (10 cm) with TD approx. 7.

Machines

Most suitable for KH820, 830, 840 machines with colour changer, but can

be knitted on any machine if fairisle pattern is substituted and correct tension achieved.

Pattern notes

Punch card as shown in the diagram. Back and fronts knitted in fairisle pattern, with M in feeder 2 (see colour changer manual) and A & B used in sequence, changing colours at points marked on the punchcard. Sleeves plain knitting.

BACK

Using M, cast on in 1 x 1 rib 119 (127, 135, 143, 151) sts. TD at MT-3, knit 42 rows and turn hem. Inc. 1 st - 120 (128, 136, 144, 152) sts.

TD at MT, RC000 set and start to knit in pattern and knit in patt. throughout. Knit to RC 102 (106, 112, 116, 120).

Shape armholes

Cast off 3 (3, 4, 5, 5) sts at beg. of next 2 rows. Cast off 3 (3, 4, 4, 5) sts at beg. of next 2 rows. Cast off 2 (3, 3, 4, 4) sts at beg. of next 2 rows. Dec. 1 st at both sides of next and every foll. alt. row 2 (3, 4, 4, 5) times in all - 98 (102, 106, 110, 114) sts remain. Knit to RC 144 (150, 160, 170, 178).

Shape shoulders

Cast off 7 (7, 7, 7, 8) sts at beg. of next 2 rows. Cast off 7 sts at beg. of next 2 rows. Cast off 6 (7, 7, 7, 7) sts at beg. of next 2 rows. Cast off 6 (6, 7, 7, 7) sts at beg. of next 2 rows. Cast off 6 (6, 6, 7, 7) sts at beg. of next 2 rows. Cast off remaining 34 (36, 38, 40, 42) sts.

FRONT (RHS)

Cast on using M, in 1 x 1 rib, 55 (59, 63, 67, 69) sts. TD at MT-3, knit 42 rows and turn hem. Inc. 1 st - 56 (60, 64, 68, 70) sts.

RC000 TD at MT, set and start fairisle patt., knit in patt. throughout. Knit to RC 91 (95, 101, 105, 109) - knit 1 extra row for LHS.

Shape neck and armholes

Dec. 1 st at neck edge on next and every foll. 4th row 13 (14, 15, 16, 15) times in all *and at the same time* knit to RC 102 (106, 112, 116, 120) - knit 1 extra row for LHS. Cast off 3 (3, 4, 5, 5) sts at beg. of next row, knit 1 row. Cast off 3 (3, 4, 4, 5) sts at beg. of next row, knit 1 row. Cast off 2 (3, 3, 4, 4) sts at beg. of next row, knit 1 row. Dec. 1 st at armhole edge on next and every foll. alt. row 2 (3, 4, 4, 5) times in all. Continue decreasing at neck as above and knit to RC 144 (150, 160, 170, 178) - knit 1 extra row for LHS.

Shape shoulders

Cast off 7 (7, 7, 7, 8) sts at beg. of next row, knit 1 row. Cast off 7 sts at beg. of

next row, knit 1 row. Cast off 6 (7, 7, 7, 7) sts at beg. of next row, knit 1 row. Cast off 6 (6, 7, 7, 7) sts at beg. of next row, knit 1 row. Cast off rem. 6 (6, 6, 7, 7) sts.

Knit LHS to match RHS, noting difference in rows.

SLEEVES

Cast on in 1 x 1 rib (using and knitting plain in M throughout) 47 (49, 51, 53, 55) sts. TD at MT-3, knit 42 rows and turn hem, inc. 1 st - 48 (50, 52, 54, 56) sts.

RC000 TD at MT, knit 6 rows. Inc. 1 st at both sides of next and every foll. 5th row 25 (26, 27, 28, 29) times in all - 98 (102, 106, 110, 114) sts. Knit to RC 132 (142, 148, 152, 158).

Shape sleeve head

Cast off 3 (3, 4, 5, 5) sts at beg. of next 2 rows. Cast off 3 (3, 4, 4, 5) sts at beg. of next 2 rows. Dec. 1 st at both sides of next and every foll. alt. row - (-, -, 2,

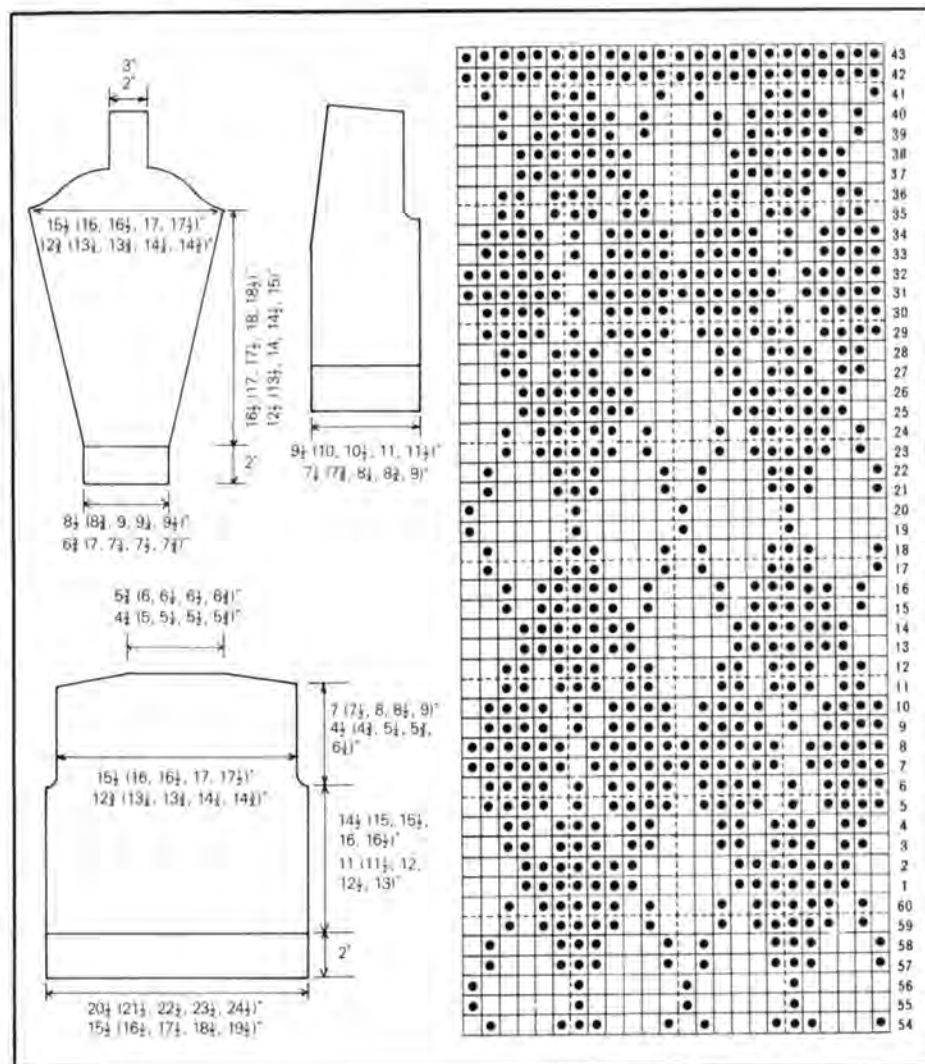
4) times in all, knit 1 row. Dec. 1 st at both sides of next and every foll. row 36 (38, 38, 36, 36) times in all - 14 sts remain. Knit 42 (44, 46, 48, 48) rows straight and cast off.

FRONT AND NECKBAND

COBH 14 sts in M. TD at MT-1 knit 4 rows, *miss 2 sts from 1 end, make buttonhole over next 2 sts, repeat at other side*. **Knit 6 (6, 7, 8, 8) rows and repeat from * to * ***. Repeat from ** to ** until 5 buttonholes total have been worked. Continue to knit straight until band is long enough to go up on front edge, around neck (slightly stretched) and down 2nd front. Cast off.

TO MAKE UP

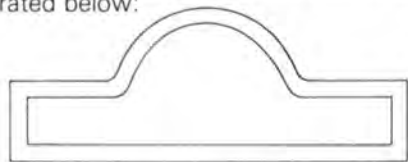
Sew in saddle shoulders and then set in sleeve head. Sew side and sleeve seams. Fold band in half longitudinally and sew neatly to front, stretching it slightly around neck part. Give final light press.



BAGS OF IDEAS FOR BAGS

I have often made my own bags, not only for economy (although that's quite an important factor these days), but to match a new outfit, especially a summer one, where it is sometimes difficult to buy a lightweight bag which looks just right, or to match a special evening outfit. They are really so simple to make that a complete beginner can be assured of success, and, of course, they can be achieved on any machine.

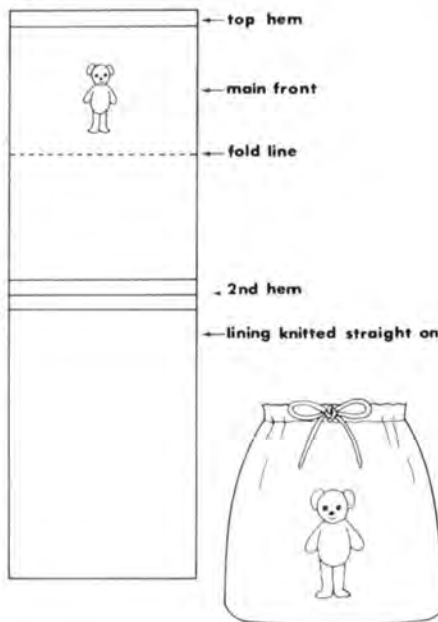
Woven bags are in fact the first item I suggest that a knitter new to weaving attempts. In that way, you've merely produced an extra tension square, acquired experience at weaving and have a finished 'product' at the end. For these simplest of bags, first choose your handles — there are many different shapes on the market, but one of the easiest types to work on are those illustrated below:



Knit a tension swatch on your weaving (and just for once it doesn't matter if you are a little way out) and from your swatch estimate the number of stitches required to fit straight across the handle, plus 2-4 inches (according to preference). Start with a good deep hem (for fastening onto the handles) and make a note of your hem rows. Then start your weaving and you can almost judge the length you require as you knit (as in this case it does not have to fit anyone, and only you will know if it's a little longer or shorter than required). When you reach the required length, note the RC number and knit the same amount of rows again (for the second half of the bag). When these are completed, repeat your hem again, then cast off. Sew carefully onto the handles and you have produced a neat little bag. Weaving is the ideal stitch for making bags as it has less stretch than other stitches, but if you intend using your bag for heavy shopping, you would be well advised to line it to prevent excessive weight stretching it to the ground. I choose the lining to match the function — if it is for general heavy shopping, then I use a light-

weight canvas. If it is more like the size of a small handbag, then I would use an oddment of dress lining.

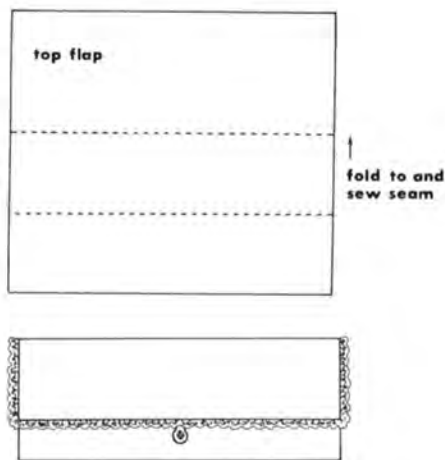
These simple shapes can be adapted for different stitches and uses. A large version with a single motif on the front might be very suitable for the children to keep all their dolls' clothes or small toys in — a nice way to encourage a degree of tidiness. For these bags, instead of handles, you could use a simple duffle bag shape, by knitting a long rectangle and threading a cord through hems at the top for easy closure (and even for hanging on the back of a bedroom door). If you think the floats at the back of the motif are too big and don't want to bother with a cloth lining, then you could knit a lining onto the bag itself (see below) — again with the minimum of fuss and making up.



To make up, fold the lining up to meet top hem of main part, then fold in half again and sew side seams. Make a false hem at start of lining where shown. Thread through cord and pull up. This simple duffle bag shape is also useful for school shoe bags and also so simple to knit that, under instruction, your children might like to make their own. Your motif could be changed into the child's initials or name — with those

knitted in there is little chance of muddle with anyone else's bag (although you might find yourself with orders for the whole school).

Slightly more sophisticated bags can be produced, again from a basic rectangular shape, and used as clutch evening bags. Try tuck stitch or lace in shiny lurex threads for a special impact and line them with the same or contrast colour for a professional finish.



These simple diagrams should give you the idea. You could use a fancy trimming to outline the flap, and you can either leave the bag so it does not have a fastener, or make a feature of the fastening by using a pretty clasp and chain, a glass button or bead for instance. A good look around your nearest haberdashery department should give you lots of ideas.

Well, there are just a few of the simplest ideas for bags, but I hope that by now you can see that the only limitation of what you can do with these straightforward shapes is your imagination. Different patterns, yarns, making up methods, bought or made fastenings and/or handles. All of these transform a basic rectangle of knitting into just the bag that matches your outfit or tidies up those household 'odds and ends', and it also gives you an excellent chance to practise and create new stitch pattern variations.

C. V. CHAMBERS

Maternity Smock In Mohair

Materials

1 cone Kyoto, Silverknit, Edwalton, Notts.

Measurements

To fit 36-38 (40-42)" bust.

Tension

TD 9.3 actual sts x 12 rs = 1".

Machines

830 — card 2D m/c set to patt. extension.

820 — card 2D repunch card as on graph for 800 m/c. 588/800.

Note

All machines: depress both tuck buttons. N arrangement: N at rt of centre in 'B' position. Every alt N in 'B' pos tucks for 4 rs, then changes to Ns which knitted in st st being the N to tuck for 4 rs.

SKIRT

Front and back alike. K 2.

Foundation edge COBH 2 sts, K a length of 25 (26)", TD 9. Arrange 152 (160) Ns in notes. Attach foundation edge to these Ns. Bring Ns to 'E' pos, K 1 r to set patt., TD 9. Depress tuck buttons. RC000. K 212 (220) rs. C/O loosely 4 actual sts beg. next 2 rs. K straight to 232 (240). C/O.

SLEEVES

Arrange 116 (120) Ns as above. K a few rs in W.wl. RC000. K 212 (220) rs in patt, TD 9. C/O loosely 4 actual sts beg. next 2 rs. K straight to 232 (240). C/O.

CUFF

Cast on 39 (41). K 30 rs. TD MDE. Attach sleeve above W.wl. C/O.

YOKE

820 — 830 Card 1D (not extended). Depress both tuck buttons, TD 9. All Ns in 'B' pos for cast on.

TENSION

4½ sts x 15 rs = 1" T9.

Back: Cast on 82 (90) by hand loosely. RC000. K 89 rs, TD 9. K 1 r st st. C/O.

Front: Cast on 82 (90) by hand. RC000. K 60 rs. Divide for neck (noting row No. on card). K 28 (30) sts at rt, all others in HP. K 29 rs. K 1 r st st. C/O. Set RC060. K 28 (30) at left to match. C/O centre 26 (30) loosely.

TRIMS (Optional)

CUFFS

16 (17) shells. K 2.

NECK

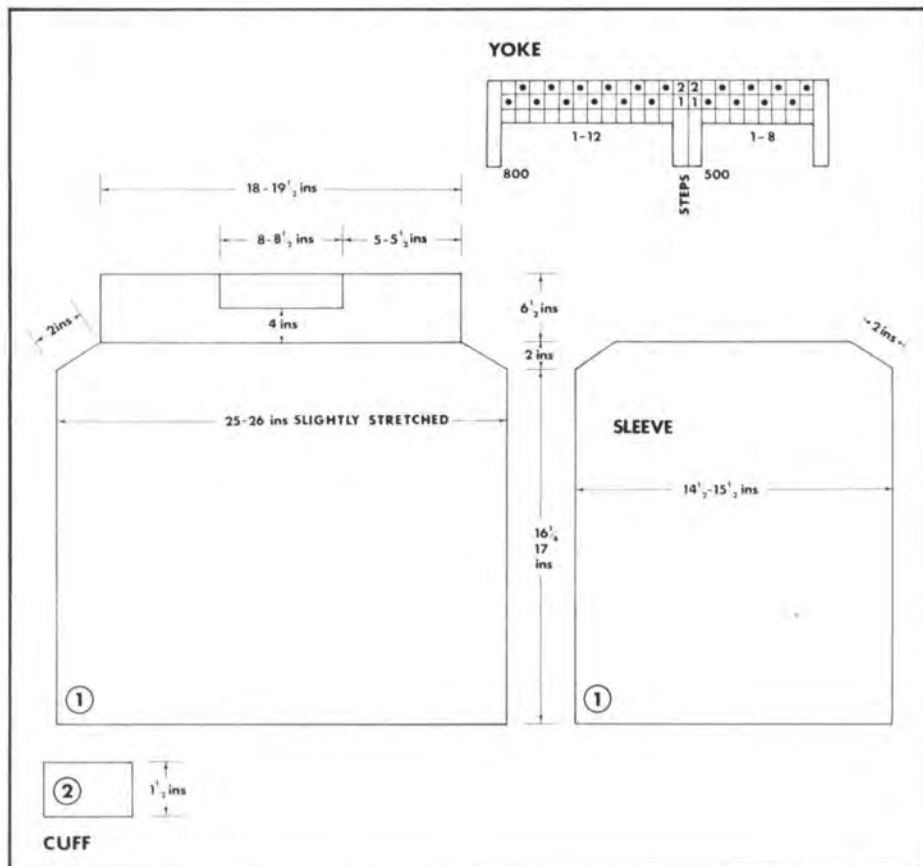
54 (56) shells. K 1.

COBH 9 sts with 4th and 6th Ns in 'A' pos. *K 2 rs T9. Bring to HP 2nd, 5th, 8th Ns, K 4 rs, push back Ns slightly*. Repeat from * to *.

TO MAKE UP

Join seams on a sewing machine $\frac{3}{8}$ " seam. Set in sleeves by hand. Work 2 rs double crochet round neck, 6 rs on lower edge. Apply trims.

*Knitleaders follow written pattern for yoke.





Children's Pyjamas



Materials

HAYFIELD Machine Knit: 1 cone

Measurements

To fit chest: 52.2cm (21"), 55cm (22"), 57.5cm (23"), 60cm (24").
Approx. age: 3, 4, 5, 6 years.

Tension

Always check tension before commencing.

14 sts and 23 rows = 5cm (2") over st.st. (Approx. T5).

12 sts and 23 rows = 5cm (2") over lace pattern, (Approx. T5).

Success depends on working to correct tension.

Notes

Unless otherwise stated all welts can be knitted using ribbing attachment. Use T3/3 and knit half the amount of rows, arrange needles as for 2 x 1 rib.

Card: Jones + Brother 415.

12

BACK

Insert card and lock on row 1. With W.wl. cast on 72 (78, 84, 90) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl., T3 knit 40 rows. Turn up hem. RC000. Knit 2 rows, release card and work in lace. Knit to 98 (104, 110, 120) rows.

Armhole shaping

Cast off 3 sts at beg. of next 2 rows. RC000. Knit 3 (2, 2, 2) rows. Dec. 1 st at each end of next and every foll. 3rd (2nd, 2nd, 2nd) row until 54 (56, 60, 62) sts rem***.

Knit to 48 (50, 52, 54) rows.

Neck shaping

Cast off centre 30 sts. Put left side of work onto W.wl. and release from machine. Work on right side only.

Shoulder shaping

Knit 1 row. *Dec. 1 st at beg. of next row. Cast off 3 (3, 4, 4) sts at beg. of

next row*. Rep. once more. Dec. 1 st at beg. of next row. Cast off.

Place left side of work back onto Ns. Knit to match other side reversing shapings.

FRONT

As back to ***.

Knit to 30 (32, 34, 36) rows.

Neck shaping

Cast off centre 24 sts. Put left side of work onto W.wl. and release from machine. Working on right side only. Dec. 1 st at left on next and every foll. 3rd row until 9 (10, 12, 13) sts rem. Knit to 48 (50, 52, 54) rows.

Shoulder shaping

Cast off 3 (3, 4, 4) sts at beg. of next row. Knit 1 row. Rep. once more. Cast off.

Place left side of work back onto Ns. Knit other side to match reversing shapings.

SLEEVES

Insert card and lock on row 1. With W.wl. cast on 38 (40, 44, 46) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl. T3 knit 40 rows. Turn up hem. RC000.

T5 knit 2 rows. Release card and work in lace. Inc. 1 st at each end of next and every foll. 11th (12th, 13th, 14th) row until 56 (58, 62, 64) sts rem. Knit to 106 (116, 122, 134) rows, or required length. Cast off 3 sts at beg. of next 2 rows. RC000. Knit 2 rows. Dec. 1 st at each end of next and every foll. 2nd row until 38 (40, 44, 46) sts rem. Knit to 22 rows. Dec. 2 sts at each end of next row. Dec. 1 st at each end of next and every foll. 2nd row until 22 (24, 28, 30) sts rem. Knit to 36 rows. Cast off 2 sts at beg. of next 7 (8, 9, 10) rows. Cast off.

NECKBAND

Join shoulder seam. RC000. Push 100 Ns into WP. Pick up 100 sts along neck edge, place picked up sts on Ns. T6, knit 1 row. Transfer every 3rd N to make 2 x 1 mock rib. Push empty Ns into NWP. T3, knit 40 rows. Return empty Ns to WP knit 1 row. T5 knit 3 rows. Change to W.wl. and knit a few rows. Release from machine.

PANTS (two sides alike)

With W.wl. cast on 50 (56, 62, 68) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl. T3 knit 40 rows. Turn up hem. RC000.

T5 inc. 1 st at each end of next and every foll. 6th row until 96 (102, 108, 114) sts rem. Knit to required length (inside leg measurement) RC000. Cast off 2 sts at beg. of next 2 rows. Dec. 2 sts at each end of next and every foll. 2nd row 3 times in all. Knit to 74 rows. Change to W.wl. Knit a few rows and release from machine.

WAISTBAND

With W.wl. cast on 159 (171, 183, 195) sts as 2 x 1 mock rib. Change to M.wl. T3 knit 20 rows. Turn up hem. Place last row of M.wl. of pants onto Ns. Place first st of second piece onto same N as last st of first piece. Cast off.

MAKE UP

Press all pieces according to instructions on cone label. Mattress st cuffs, hems and neckband. Join second shoulder seam. Set in sleeves. Join underarm and side seam in one. Back st last row of M.wl. of neckband onto main garment. Join pant seams. Thread waistband with elastic and mattress st openings and cuffs.

Materials

HAYFIELD Machine Knit: $\frac{3}{4}$ cone M. col. (blue), small amount of contrast col. (beige).

Measurements

To fit chest: 52.2cm (21"), 55cm (22"), 57.5cm (23"), 60cm (24").

Approx. age: 3, 4, 5, 6 years.

Tension

Always check tension before commencing.

14 sts and 23 rows = 5cm (2") over st.st. (Approx. T5).

Success depends on working to correct tension.

Notes

Unless otherwise stated all welts can be knitted using a ribbing attachment. Use T3/3 and knit half the amount of rows, arrange needles as for 2 x 2 rib. For card see diagram.

BACK

With W.wl. cast on 80 (86, 92, 98) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl. contrast col. T3 knit 36 rows. Turn up hem. RC000. Change to M. col. T5 knit to 78 (82, 86, 90) rows. RC000.

Armhole shaping

Cast off 3 sts at beg. of next 2 rows. Knit 3 rows. Dec. 1 st at each end of next and every foll. 3rd row until 60 (66, 72, 78) sts rem***. Knit to 48 (50, 52, 54) rows.

Neck and shoulder shaping

Cast off centre 34 sts, put left side of work into HP working on right side only, knit 1 row, *place 3 (4, 5, 6) sts at right into HP. Dec. 2 sts at beg. of next row. Knit 1 row*. Rep. Return all Ns to WP. Knit 1 row. Change to W.wl., knit a few rows and release from machine. Knit second side to match reversing shapings.

FRONT

Insert card and lock on row 1. [Work single motif (see instructions in machine manual) over 2nd patt. position on right throughout front of garment.]

As back including single motif to ***. Knit to 30 (32, 34, 36) rows.

Neck shaping

Cast off centre 26 sts, put left side into HP working on right side only, knit 2 rows. Dec. 1 st at neck edge on next and every foll. 2nd row until 10 (13, 15, 18) sts rem. Knit to 48 (50, 52, 54) rows.

Shoulder shaping

Knit 1 row. Place 3 (4, 5, 6) sts at right into HP. Rep. Return all Ns to WP, knit 1 row. Change to W.wl., knit a few rows and release from machine. Knit second side to match reversing shapings.

SLEEVES

With W.wl. cast on 42 (45, 48, 51) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl. contrast col.

T3 knit to 36 rows. Turn up hem. RC000. Change to M. col. T5, *inc. 1 st at beg. of next 2 rows, knit 8 rows*. Rep. until 62 (65, 68, 71) sts rem. Knit to 102 (112, 122, 132) rows or required length. RC000. Cast off 3 sts at beg. of next 2 rows. Dec. 1 st at each end of next and every foll. 2nd row until 42 (45, 48, 51) sts rem. Knit to 22 rows. Cast off 4 sts at beg. of next 8 (8, 10, 10) rows. Cast off.

NECKBAND

Graft shoulder seam. Pick up 116 sts along neck edge. Place picked up sts onto Ns. T5. With contrast col. knit 1 row. Transfer sts to make 2 x 1 mock rib. T3 knit 40 rows. T5. Return all Ns to WP, knit 4 rows. Change to W.wl., knit a few rows, release from machine.

PANTS

With W.wl. cast on 50 (56, 62, 68) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl. contrast col. T3 knit 40 rows. Turn up hem. RC000.

T5 M. col. Inc. 1 st at each end of next and every foll. 6th row until 96 (102, 108, 114) sts rem. Knit to required length (inside leg measurement). RC000.

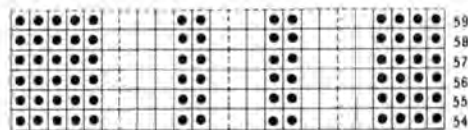
Cast off 2 sts at beg. of next 2 rows. Dec. 2 sts at each end of next and every foll. 2nd row 3 times in all. Knit to 74 rows. Change to W.wl., knit a few rows and release from machine.

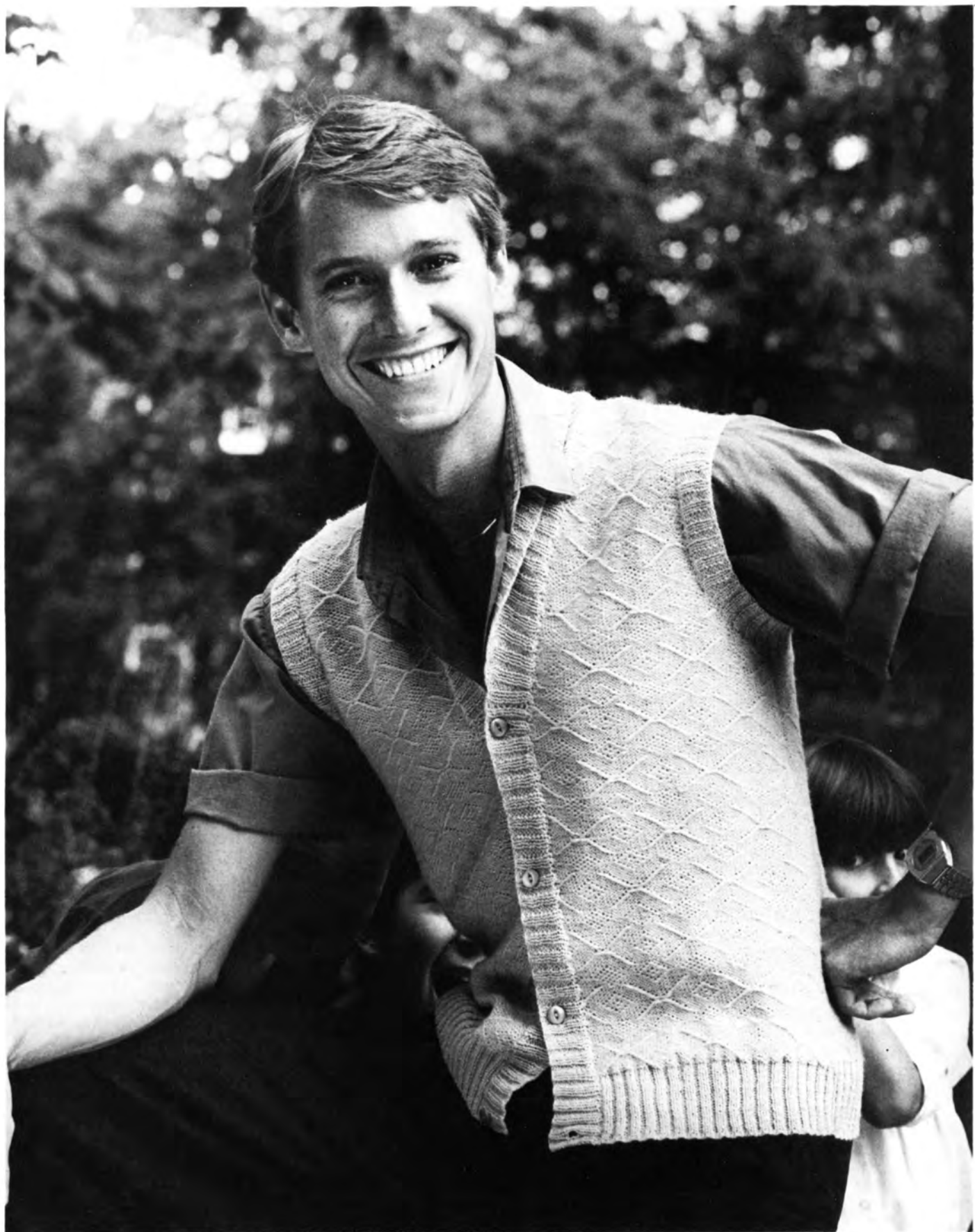
WAISTBAND

With W.wl. cast on 159 (171, 183, 195) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl. T3 knit 20 rows. Turn up hem. Place last row of M.wl. on pants onto Ns. Place first st of second piece onto same N as last st of first piece. Cast off.

MAKE UP

Press all pieces according to instructions on cone label. Mattress st cuffs, hem and neckband. Join second shoulder seam. Set in sleeves. Join underarm and side seam in one. Back st last row of main yarn of neckband onto main garment. Join pant seams. Thread waistband with elastic and mattress st openings and cuffs.





MAN'S WAISTCOAT

Materials

13 (14, 15, 17, 18) 25 gm balls Paton's 4 ply Trident.

To fit

38 (40, 42, 44, 46, 48) ins.

Tension

Plain knitting: 28 sts & 39 rows to 4 ins (10 cm) with TD approx 7.

Tuck pattern: 27 sts & 57 rows to 4 ins (10 cm) with TD approx. 6.

Machines

With stitch patt. given suitable for KH820, 830, 840 machines. With substitute patt. suitable for 800 machines.

Pattern notes

KH820, 830, 840 machines — punch card from diag. 800 machines substitute patt. No. 430 from Cassette stitch pattern book (ensuring that correct tension is achieved).

BACK

Cast on in 2 x 1 rib, 137 (146, 152, 158, 167) sts. TD at MT—2 knit 50 rows and turn hem. Inc. 1 (-, -, inc. 2, dec. 1) st — 138 (146, 152, 160, 166) sts. RC000 TD at MT for plain knitting (plain knitting throughout back). Knit to RC 140 (146, 150, 156, 160).

Shape armholes

Cast off 6 (6, 7, 8, 8) sts at beg. of next 2 rows. Cast off 3 (4, 4, 4, 5) sts at beg. of next 2 rows. Cast off 3 (4, 4, 4, 4) sts at beg. of next 2 rows. Dec. 1 st at both sides of next and every foll. alt. row 6 (6, 7, 8, 8) times in all — 102 (106, 108, 112, 116) sts. Knit to RC 226 (236, 244, 256, 264).

Shape shoulders

Cast off 7 sts at beg. of next 2 rows. Cast off 6 (7, 7, 7, 7) sts at beg. of next 2 rows. Cast off 6 (6, 6, 7, 7) sts at beg. of next 2 rows. Cast off 6 (6, 6, 6, 7) sts at beg. of next 2 rows. Cast off remaining 40 (42, 44, 46, 48) sts.

FRONT (LHS)

Cast on in 2 x 1 rib 65 (68, 71, 74, 77) sts. TD at MT—2, knit 50 rows and turn hem. Dec. 1 (-, dec. 1, -, inc. 1) st — 64 (68, 70, 74, 78) sts. RC000 TD at MT (for tuck knitting). Start and work in tuck pattern throughout.

Fronts

Knit to RC 204 (214, 220, 228, 234) — knit 1 extra row for RHS.

Shape neck and armholes

Mark front edge with a piece of contrast thread. Dec. 1 st at neck edge on next and every foll. 7th row 18 (19, 18, 19, 21) times in all *and at the same time* cast off 6 (6, 7, 7, 8) sts at beg. of next row, knit 1 row. Cast off 3 (3, 4, 4, 4) sts at beg. of next row, knit 1 row. Cast off 3 (3, 3, 4, 4) sts at beg. of next row, knit 1 row. Dec. 1 st at armhole edge on next and every foll. alt. row 5 (7, 7, 8, 8) times in all. Continue decreasing at neck edge as above and knit to RC 330 (344, 356, 374, 386) — knit 1 extra row for RHS.

Shape shoulder

Cast off 4 (4, 4, 4, 5) sts at beg. of next row, knit 1 row. Cast off 4 sts at beg. of next & foll. alt. row, knit 1 row. Cast off 3 (4, 3, 4, 4) sts at beg. of next row, knit 1 row. Cast off rem. 3 (3, 3, 3, 4) sts.

ARMHOLE BANDS

Sew shoulder seams.

With wrong side (ie non-tuck side for patterned pieces) of work facing, pick up and replace onto machine 122 (130, 136, 144, 152) sts from armhole. TD at MT (for plain knitting), knit 2 rows. TD at MT— knit 4 rows. TD at MT—1 knit 4 rows. TD at MT—2 knit 6 rows. TD at MT—1, knit 4 rows. TD at MT— knit 4 rows. TD at MT knit 2 rows. Pick up every 3rd st from first row picked up and cast off all sts together *loosely*.

FRONT EDGINGS

Buttonhole band

Push 166 (176, 180, 188, 194) needles to WP. From hem to marked point at start of Vee shaping, replace 105 (109, 112, 116, 119) sts. Pick up remaining sts (to beg. of back neck) evenly onto remaining needles in WP. TD at MT—1 (for plain knitting). Knit 4 rows and make buttonholes as follows*: Counting from bottom edge over Ns 5, 6 & 7 (6, 7 & 8; 6, 7 & 8; 6, 7 & 8; 7, 8 & 9), **miss 18 (19, 19, 19, 20) sts and make buttonhole over next 3sts**. Repeat from ** to ** until a total of 5 buttonholes have been made*. Knit 8 rows and make buttonholes as from * to *. Knit 4 rows. Pick up every 3rd st from 1st row picked up and cast off all sts together *loosely*.

Button band

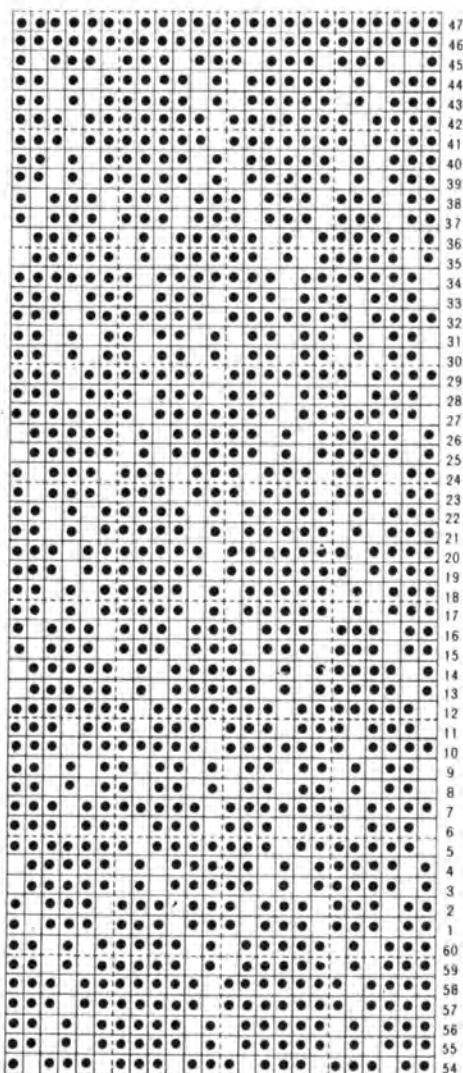
Knit as for buttonhole band, omitting buttonholes.

Back neckband

With wrong side of work facing pick up from back neck 38 (40, 42, 44, 46) sts and knit as for buttonhole band, omitting buttonholes.

TO MAKE UP

Finish off neckband seams. Sew side seams. Give final press to measurements given using a moderately hot iron and damp cloth (don't press tuck stitch panels too hard).





AN INTRODUCTION TO CUT AND SEW

One gets such a varied reaction when one mentions Cut and Sew. Some people swear by it – for necklines only – others cannot see the point and some think that it is not real knitting and so should be avoided at all costs. I must confess that I drifted with the tide for some time but being a firm believer in the proof of the pudding being in the eating I decided to see what actually could be produced by the Cut and Sew method.

My first problem was where to get some good reliable information that would be of help. I thought my Jones KH840 looked more like its big brothers in industry than a pair of knitting needles and so called upon the knitwear industry for guidance.

Here there seemed to be two main methods employed: – Fully Fashioned and Cut and Sew. Fully Fashioned seemed to be used for all the conventional forms of knitwear – sweaters, jackets, slippers etc., Cut and Sew was used for everything else. Underwear, swimwear, sportswear, slacks, coats, suits and even fake fur is knitted and the Cut and Sew method used. Sometimes a garment will have both methods used together, but whether the two or just Cut and Sew is used on a garment it all seems to work very well indeed. Having seen Cut and Sew working at its best I decided to take a closer look at the ingredients that make it possible.

A knitted fabric can be made as fine and light as a pair of tights or as heavy as a coat. Industrial machines have different gauges depending on the weight of yarn it is to knit and ultimately upon the type of fabric to be produced. Each machine is limited by its gauge to the weight of yarn it can knit and usually one machine is able only to knit a few different weights. This is where your machine comes into its own. Your machine has far more diversity as far as weights of yarn and different types of fabrics to be produced than any one industrial machine.

When we come to design our fabric we have a far wider choice. Your machine cannot knit sheer tights and some really chunky yarns but it will cope with the wide range between these most efficiently. Before we start to experiment with different yarns, we must decide: – a) what kind of garment we want to make, and b) how it is to be made regarding make up. These things must be borne in mind when designing fabric for the garment.

In industry the overlocker is used to join seams with no or very little seam allowance. Is an overlocker really necessary? This point is one that seems to crop up time and time again. The overlocker is a very useful piece of machinery to have. It neatens the edge of the fabric in such a way – using between 2 and 5 threads, that it is practically impossible for it to fray. Some overlockers sew the seam and trim the edge as well as neatening at the same time. When it comes to Cut and Sew the overlocker has its place. Does the overlocker have a place in our homes? Well the answer to that of course is up to the individual, the advantages are fairly obvious, it saves time and effort by incorporating two or three operations into one and the neatened edge is superior to any other. The disadvantage is the initial cost of the machine and it is for this reason that I have started off by using the knitting machine and an ordinary straight stitch sewing machine. (In later issues I shall be showing you ways of using the overlocker to the full. In the meantime I think it best to encourage all knitters to try Cut and Sew for the results, as you can see from the photograph, are not all bad.)

When an overlocker is not used a good seam allowance must be left, the seams should be pressed out and the garment lined. If you feel that your garment is not of the type of design that needs a lining then I would strongly recommend that Cut and Sew not be used. Cut and Sew has its limitations without an overlocker, just as other methods have but used in the right way perfectly good garments can be produced that will be a credit to you and your wardrobe.

For the jacket I designed I wanted a fairly heavy yarn for warmth, interesting in texture, and washable. I chose Hayfield Dolomite as the weaving yarn and Hayfield machine knit as the backing yarn. I would suggest that whatever yarns you would like to use for your first efforts weave the fabric. Woven fabric is firmer and will hold its shape better. When the interest is on the yarn itself there is no need to use an elaborate card (see diagram) as the pattern cannot be appreciated and some of the texture of the yarn can be lost.

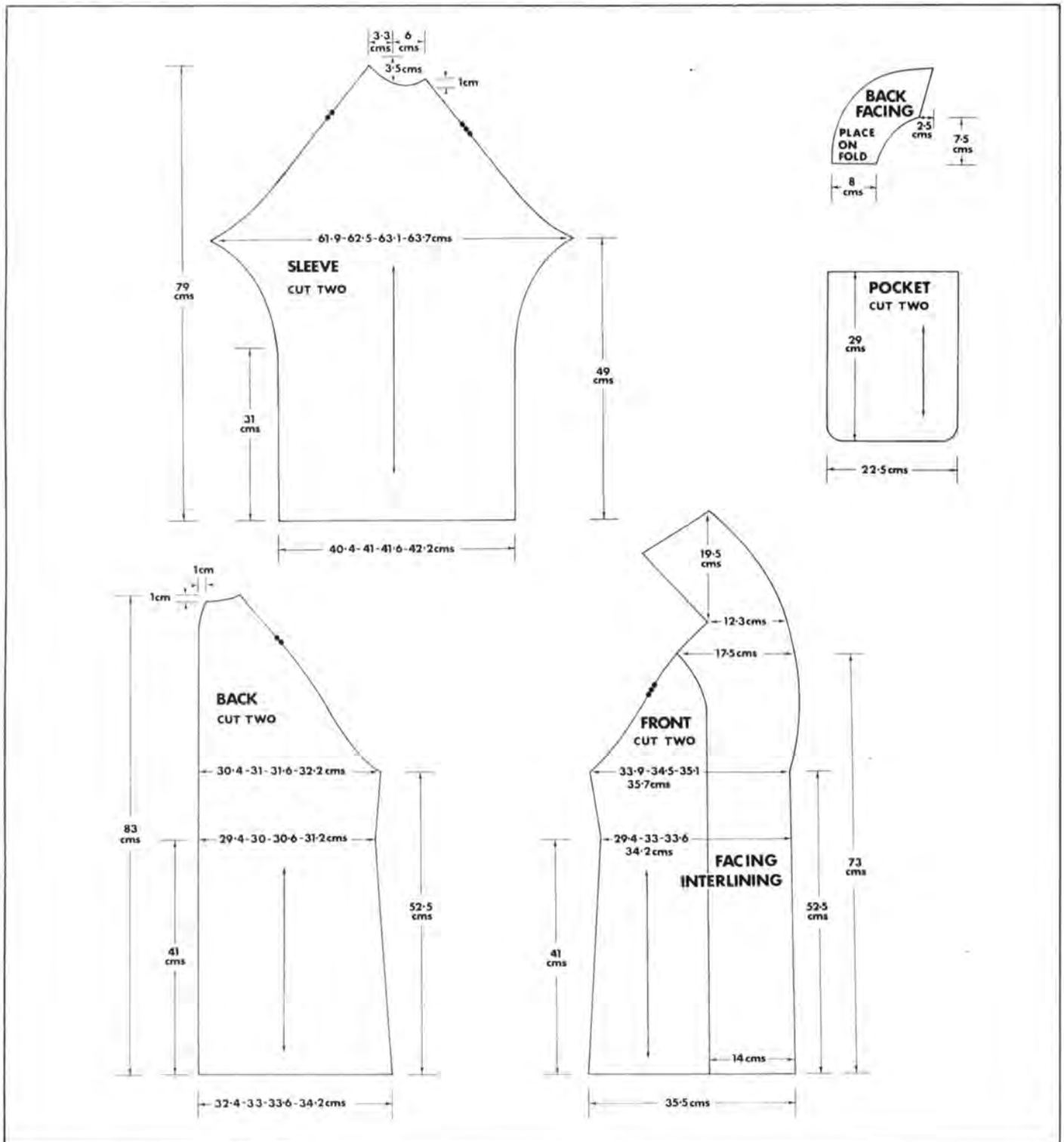
If you use a commercial pattern decide what the layout of pattern pieces on the fabric will be and then measure the widest part. Calculate the number of stitches needed and the length required. On the back of the pattern it usually gives quite clearly information as to width and length of fabric. Be careful to choose a pattern with a width given that can be obtained on the knitting machine – approx. 36".

Once the fabric is knitted lay it out on a smooth surface to settle. Press the fabric well making sure that the line of the fabric (straight of grain) is straight. Leave again to settle. Mistakes at this stage can cause the garment to hang incorrectly. Once the fabric is ready to be cut, lay it out on a smooth surface – never on a carpet – this allows the fabric to find its own level and not be dragged out of shape. Tension is a well used word in our field and it applies here too. The fabric must be laid out at an even tension. If the fabric is stretched when cut out, the pieces will shrink back and be the wrong size. In industry a special machine lays up the fabric at an even tension, so take the tip and remember how important this is.

Pin the pattern pieces to the fabric and using a good sharp pair of scissors cut them out. Using a contrast colour in tacking thread mark notches. I found that I got best results by using an iron-on interlining. Again make sure that the fabric is straight when attaching the interlining. For make up when using a commercial pattern follow instructions in the usual way.

**POINTS TO REMEMBER
WHEN USING THE
CUT AND SEW METHOD**

1. The fabric must be suitable for the design of garment and for the way in which it is to be made up, it is safer if it is woven.
2. The fabric grain must be kept straight when pressing the fabric piece. Leave the fabric to settle.
3. When garment is to be made up without the use of an overlocker a seam allowance must be left.
4. Cut out garment on smooth surface using a sharp pair of scissors.
5. Garments made up without the use of an overlocker should be lined.
6. Use a straight stitch sewing machine with stretch thread.
7. Interfacings and lining must have the same washing instructions as the yarns used.



Cut and Sew Jacket

Materials

Hayfield Dolomite: 100 gms. Machine knit: 650 gms. Lining: 115 cm x 2 metres. Interlining: 90.5 cm x 1.20 metres.

Measurements

90 cms x 4.50 metres.

Tension

Use T10 for these materials.

Notes

See diagram for card.

FABRIC

COBH 200 sts. K a few rows. Release card and work in weaving until work measures 4.50 metres from beginning of weaving. Change to st st and K a few rows. *Press.*

CUT OUT PATTERN PIECES

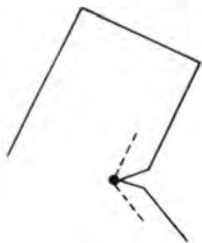
Iron on interlining on front and back facings.

Stitch back seam.

Stitch raglan seams matching notches. Press open seams.

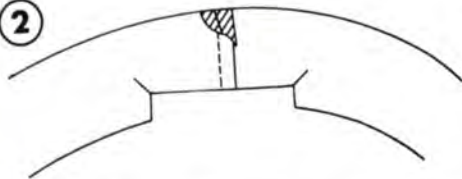
Reinforce upper collar — see diagram 1.

①



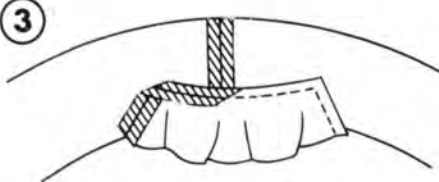
Stitch upper collar back seam — see diagram 2.

②



Stitch back facing to front facing — see diagram 3. Press open seams.

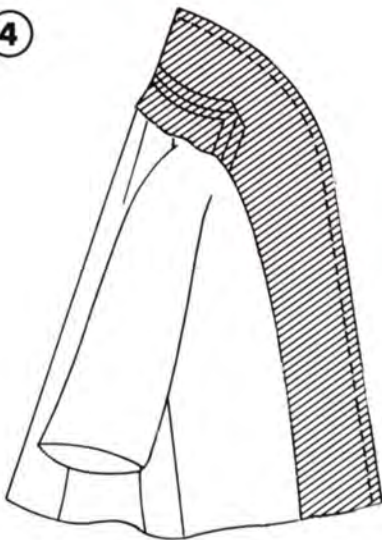
③



Stitch underarm and side seams. Press open seams.

Stitch upper collar and facing to main garment — see diagram 4.

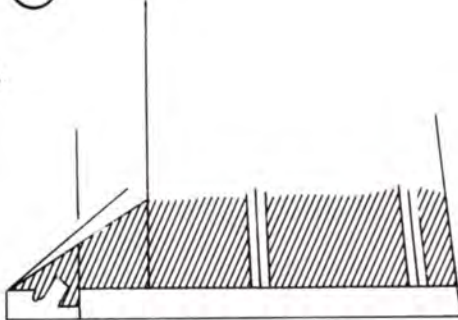
④



Turn upper collar and facing to inside. Press. Lift up facing, sew neck seam together loosely by hand. Turn facing down and press.

Open out facing at lower edge. Turn lower edge to inside along hemline; baste close to fold. Trim facing at hem as shown — see diagram 5. Blindhem, ease in fullness. Press. Turn up cuffs, blindhem.

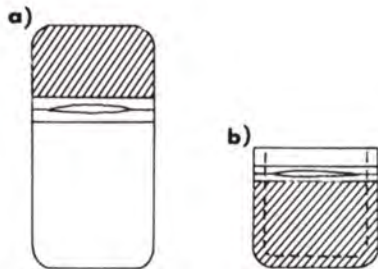
⑤



Stitch lining to fabric pocket leaving opening in centre — see diagram 6. Press seam. Fold pocket in half and stitch down — see diagram 6. Turn

right way out. Stitch opening by hand. Press. Stitch in desired position on garment front.

⑥



Stitch raglan seams of lining. Press seams open.

Stitch underarm and side seams. Press seams. Press pleat into place and tack down.

Pin lining inside garment matching seams. Slipstitch lining into place.

BELT

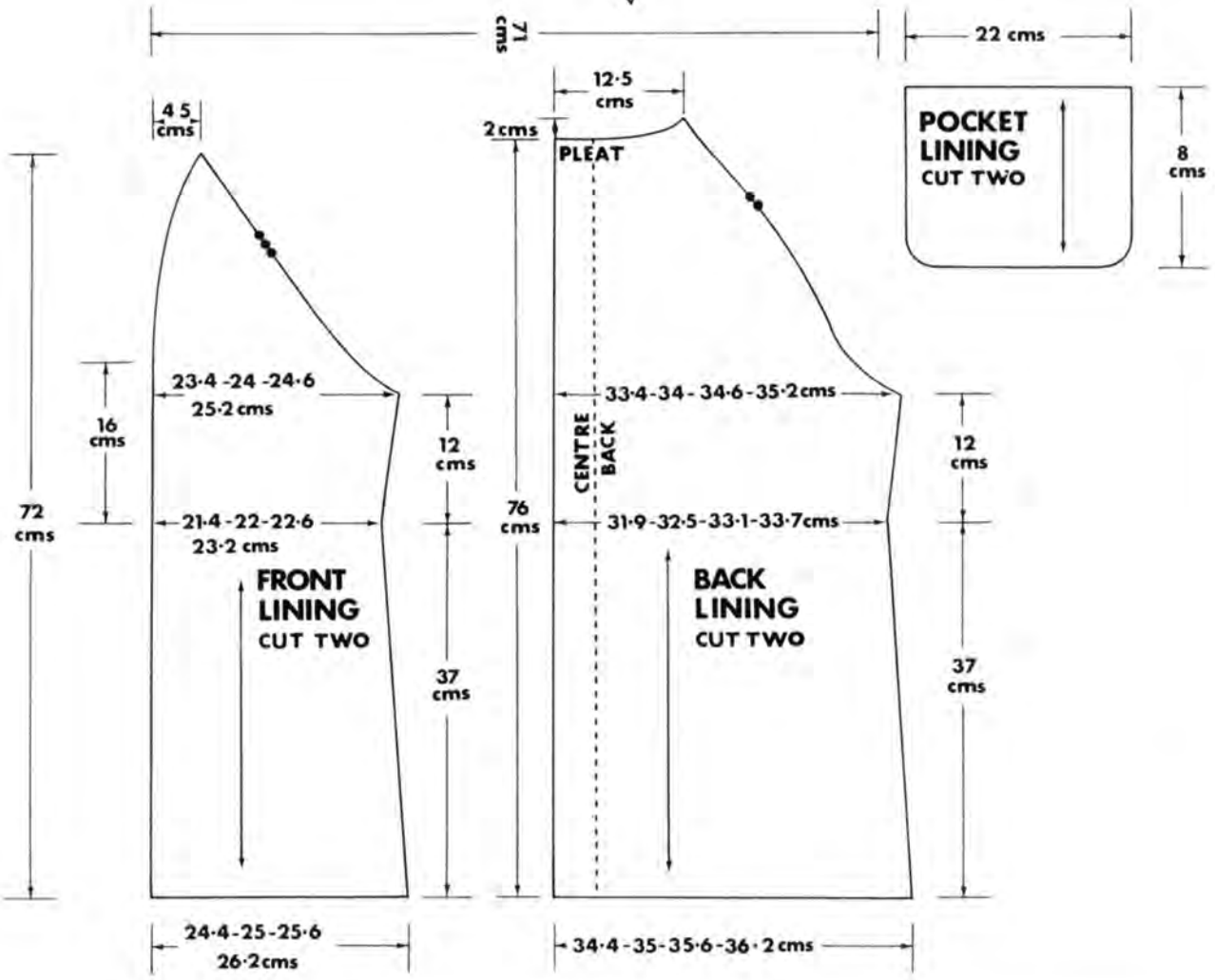
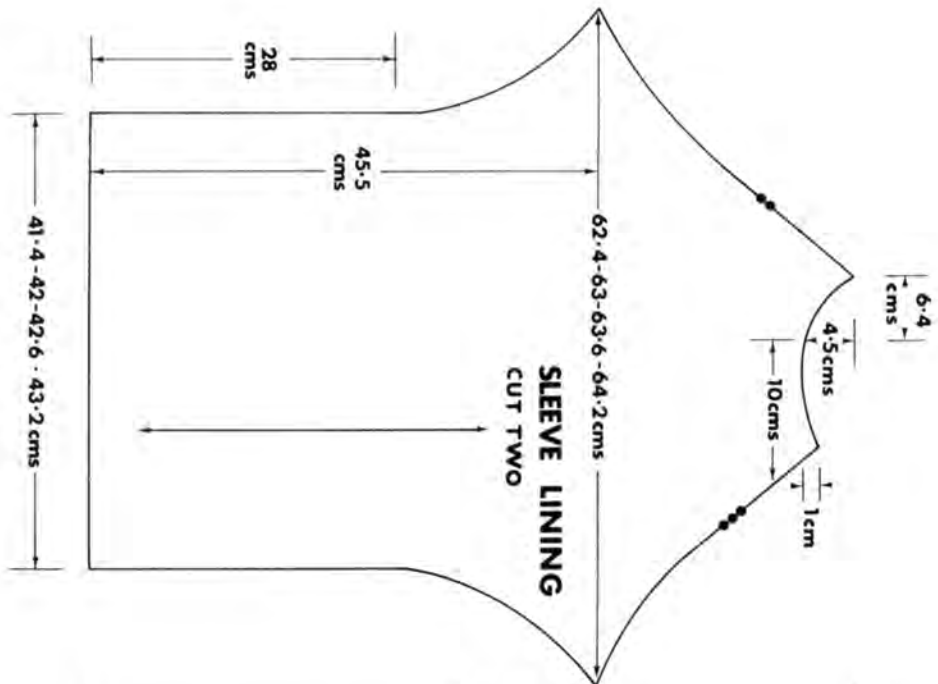
With backing yarn COBH 10 sts. Working in weaving K to required length.

NOTE

Leather belts on coats are fashionable at the moment so the choice is yours, maybe you have a favourite belt you would like to wear with your jacket.

Pressing is very important and must be done at all the stages given.





PATCHWORK SKIRT



Materials

Dakota 4 cones colour A, B, C and D.
Silverknit, Edwalton, Nottingham.

Measurements

To fit 22-28" waist. Length 31".
Gathered over hips therefore loose.

Tension

9 sts x 10 rs = 1" TD 2°° over fairisle.

Machine

820 - 830

Note

Choose 6 fairisle cards, preferably including 2 fairly simple ones. (The photograph shows cards 1, 3 from basic set, No. 481, 475, 466, 458 from Cassette book.)

To change card and colours, K 29 rows from first card, insert next card, knit 30th row, change yarns, release card lock and proceed with second card. Yarn colours changed at random in feed A and B. Notions 2½ metres braid for lower edge.

1 metre elastic with frill for waist band, both available at haberdashers. Cut elastic to waist measurement and one inch for seam.

UPPER TIER

Using waste yarn, cast on 100 sts, K a few rows. K 2 rs st st in Dakota. K 500 rs fairisle changing card and yarn at approx. 30 row intervals as described in notes. K 2 rs st st. K a few rs waste yarn. Remove from machine, graft seam.

LOWER TIER

As upper tier, but cast on 150 sts and change cards/yarns about every 60 rs. K 900 rs in fairisle. K 2 rs st st. K a few rs waste yarn. Remove from machine, graft seam.

TO MAKE UP

Iron work lightly on right side. With scraps of contrast yarn, make centre front, back and both side seam positions on both upper and lower tiers. Gather lower tier to match centre front, back and sides. Machine upper and lower tiers. Press seam open. Machine braid to lower edge. Join elastic for waistband. Machine waistband to upper tier, with frill of elastic overlapping the knitting on the right side. Neaten off all yarn ends. Give final light press.



CABLE TOP SUIT

Materials

HAYFIELD Machine Knit: White (col. 1) 2 cones. Navy (col. 2) small amount.

Measurements

To fit bust: 81cm (32"), 86cm (34"), 91cm (36"), 97cm (38").
Skirt length: 70cm (28").

Tension

Always check tension before commencing.

15 sts and 22 rows = 5cm (2") over st.st. (Approx. T5)

Success depends on working to correct tension.

Notes

Unless otherwise stated all welts can be knitted using a ribbing attachment. Use T3/3 and knit half the amount of rows, arrange Ns as for 1 x 1 rib.

Pattern

Pattern is worked over 30 sts. To make cable use two triple transfer tools. Transfer three sts to each tool and transfer the right-hand sts onto the left three Ns, then the left sts to the right Ns. Push the Ns forward and set carr. so they knit back when carr. crosses bed.

Work first 6 sts in cable, leave 2 sts*. Rep. twice more, work last 6 sts in cable.

BACK

With W.wl. cast on 120 (128, 136, 144) sts as 2 x 1 mock rib. Knit a few rows. Change to M. col. 1. T3, working in stripes of 4 rows col. 1, 2 rows col. 2. Knit to 50 rows. Turn up hem. RC000. T5 leave centre 46 sts clear and work patt. each side. Knit to 160 rows or required length. RC000.

Armhole shaping

Cast off 4 sts at beg. of next 2 rows ***. Dec. 1 st at each end of next and every

fol. 3rd (3rd, 3rd, 2nd) row 8 (10, 12, 14) times in all. Knit to 82 (84, 86, 88) rows.

Neck shaping

Cast off centre 30 sts. Put left side into HP. Work on right side only. *Knit 1 row. Put 8 (9, 10, 10) Ns at right into HP. Cast off 4 sts at beg. of next row*. Rep.

Return all Ns to WP, knit 1 row. Change to W.wl., knit a few rows and release from machine.

Knit other side to match reversing shapings.

FRONT

As back to ***

Neck shaping

Cast off centre 30 sts. Put left side into HP. Work on right side only, dec. 1 st at right on next and every foll. 10th row at the same time as:

Armhole shaping

Dec. 1 st at right on next and every foll. 3rd (3rd, 3rd, 2nd) row 8 (10, 12, 14) times in all.

Cont. neck shaping until 26 (28, 30, 32) sts rem. Knit to 82 (84, 86, 88) rows.

Knit 1 row. Put 8 (9, 10, 10) sts at left into HP. Rep. Return all Ns to WP, knit 1 row. Change to W.wl., knit a few rows and release from machine.

Knit other side to match reversing all shapings.

SLEEVES

With W.wl. cast on 66 (69, 72, 75) sts as 2 x 1 mock rib. Knit a few rows. Change to M. col. 1. T3 working in stripes of 4 rows col. 1, 2 rows col. 2. Knit to 50 rows. Turn up hem. RC000. T5.

Work centre 30 sts in patt.

Inc. 1 st at beg. of next 2 rows. Knit 10 rows. Rep. until there are 78 (81, 84, 87) sts. Knit to 160 rows or required length. Cast off 4 sts at beg. of next 2 rows. RC000. Knit 4 rows. Dec. 1 st at

each end of next and every foll. 4th row until 48 (51, 54, 57) sts rem. Knit to 50 rows. Cast off 2 sts at beg. of next 10 rows. Cast off 3 (3, 4, 4) sts at beg. of next 2 rows. Cast off.

COLLAR

With W.wl. cast on 175 (178, 181, 184) sts as 2 x 1 mock rib. Knit a few rows. Change to M. col. 1. T3 working in stripes of 4 rows col. 1, 2 rows col. 2, knit to 100 rows. Turn up hem and cast off.

SKIRT

With W.wl. cast on 200 sts. Knit a few rows. Change to M. col. 1. T5.

Knit 4 rows. Change to col. 2, knit 2 rows. Change to col. 1, knit 4 rows. Knit 1 row. (Carr. to left) put all but 10 Ns at left into HP. *Knit 2 rows (loop yarn around last N in HP when carr. is to right). Push 10 Ns into WP*. Rep. until all Ns are in WP.

Rep. until waist measures actual waist measurement + 5cm (2") finishing with all Ns being returned to WP. Change to W.wl., knit a few rows and release from machine.

SKIRT WAISTBAND

Hold skirt against machine bed. Cast on corresponding number of sts as 2 x 1 mock rib in W.wl. Knit a few rows. Change to M. col. 1. T3 knit 20 rows. Turn up hem. Pick up corresponding number of sts along waist of skirt. Place picked up sts onto Ns. Cast off.

MAKE UP

Press all pieces according to instructions on cone band. Graft skirt seam, thread with 2.5cm (1") elastic through waistband. Mattress st waistband, hems and cuffs. Graft shoulder seams. Set in sleeves. Join underarm and side seam in one. Press seams.



Man's Lace Sweater

Materials

ARGYLL Sportsday: Approx. 1 cone.

Measurements

To fit chest: 90cm (36"), 95cm (38"), 100cm (40"), 105cm (42").

Tension

Always check tension before commencing.

11 sts and 18 rows = 5cm (2") over st.st. (approx. T8).

11 sts and 22 rows = 5cm (2") over lace patt. (approx. T6).

Success depends on working to correct tension.

Notes

Unless otherwise stated all welts can be knitted using a ribbing attachment. T6/6. Cast on as 1 x 1 rib and knit half the number of rows stated.

Card: KH840 basic pack No. 20G.

BACK

With W.wl. cast on 100 (106, 112, 118) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl. T6 knit 50 rows. Turn up hem. RC000. T6 release card and work in lace. Knit to 144 rows or required length.

Armhole shaping

RC000. Cast off 3 sts at beg. of next 2 rows. Dec. 1 st at each end of next and every foll. 6th row until 84 (90, 96, 102) sts rem. Knit to 34 rows. Lock card and cont. in st.st. T8 RC000. *** Knit to 60 rows.

Neck shaping

Cast off centre 18 sts. Put left side into HP working on right side only. *Dec. 2 sts at neck edge. Knit 1 row. Put 6 (7, 8, 9) sts at right into HP, knit 1 row*. Rep. twice more. Return all Ns to WP, knit 1 row. Change to W.wl., knit a few rows and release from machine.

Knit other side to match reversing shapings.

FRONT

As back to ***.

Knit 2 rows. Cast off centre 8 sts. Put left side of work into HP and work on right side only. Knit to 45 rows. Carr. to left.

Neck shaping

Cast off 4 sts at beg. of next row. Knit 1 row. Dec. 1 st at neck edge at beg. of next and every foll. 2nd row 7 times in all. Knit to 60 rows.

Shoulder shaping

Knit 1 row (carr. to left). *Put 6 (7, 8, 9) sts at right into HP, knit 2 rows*. Rep. twice more. Return all Ns to WP, knit 1 row. Change to W.wl., knit a few rows and release from machine.

Knit other side to match reversing shapings.

SLEEVES

With W.wl. cast on 50 (52, 54, 56) sts as 2 x 1 mock rib. Knit a few rows. Change to M.wl. T6 knit 50 rows. Turn up hem. RC000. T6 release card and work in lace. *Inc. 1 st at beg. of next 2 rows, knit 5 rows*. Rep. until there are 84 (86, 88, 90) sts. Knit to 166 rows or required length. Cast off 3 sts at beg. of next 2 rows. RC000.

Dec. 1 st at each end of next and every foll. 3rd row until 40 (42, 44, 46) sts rem.

Knit to 58 rows. RC000. Dec. 1 st at each end of next and every foll. 2nd row 8 times in all. Cast off.

FRONT BANDS

Using ribbing attachment cast on 36 sts as 1 x 1 rib. T6/6 knit 18 rows. Transfer all sts to back bed. Pick up 36 sts along front opening. Place picked up sts onto Ns. Cast off.

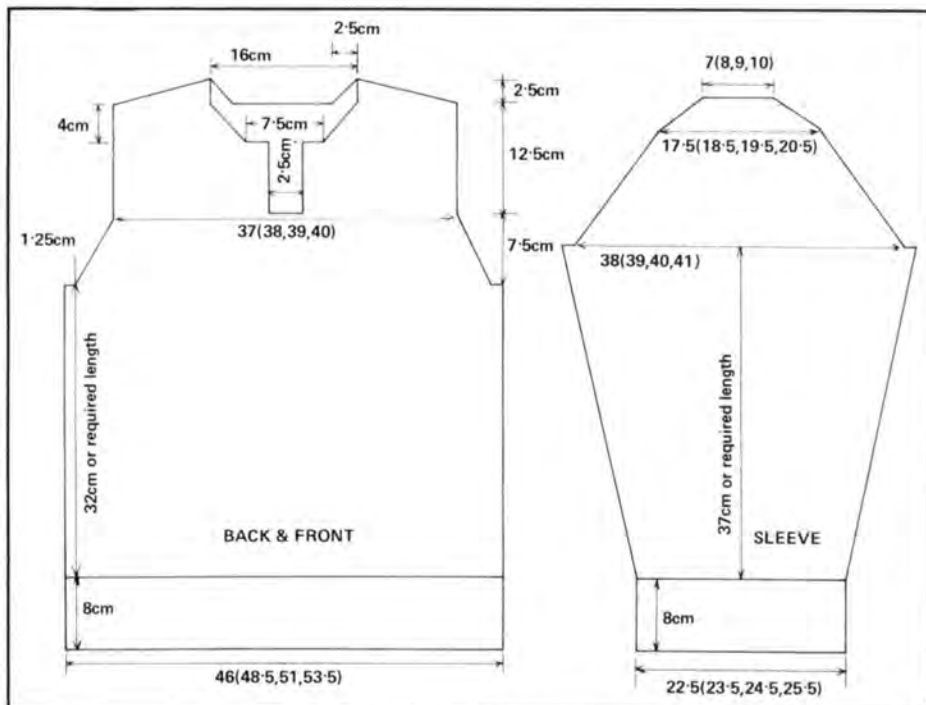
Work other side to match.

COLLAR

Join shoulder seams. Using ribbing attachment cast on 140 sts as 1 x 1 rib. T6/6 knit 45 rows. Transfer all sts to back bed. Pick up 140 sts along neck edge including the top of the front bands. Place picked up sts onto Ns. Cast off.

MAKE UP

Press all pieces according to instructions on cone label. Set in sleeves, join side and underarm seam in one. Attach front bands. Press seams lightly.



Tuck Stitch Dress

Materials

Mailyarns Ltd. 'Goscote' fine ply, 38 High Street, Syston, Leicester.

Measurements

Dress fits all sizes from 81 cm (32") to 97 cm (38") bust.

Tension

Always check tension before commencing.

T10 40 sts = 19 cm.

60 rows = 13.5 cm.

Success depends on working to correct tension

Notes

Card taken from 840 machine basic pack No. 3D.

DRESS BACK

Insert card and lock on row 1. In W.wl. cast on 130 sts. K a few rows. Change to M.wl. T9 K 20 rows. Turn up hem. K 1 row. Set machine for tuck. K 1 row. RC000. Release card and work in tuck. K 330 rows or required length.

Raglan shaping

C/O 3 sts at beg. of next 2 rows. RC000.

K 5 rows. Dec. 2 sts at each end of next and every foll. 5th row****. Work until 26 sts rem. K 5 rows. C/O.

DRESS FRONT

As back to ****. Work to 18 rows. Carr. to right. Divide work in half and put left side into HP. Working on right side only. Cont. raglan decs. at the same time as dec. 1 st at neck edge on next and every foll. 6th row. Work these 2 shapings tog. until 3 sts rem. C/O.

K other side to match reversing shaping.

SLEEVE

Insert card and lock on row 1. In W.wl. cast on 62 sts as 2 x 1 mock rib. K a few rows. Change to M.wl. K 30 rows. Turn up hem. K 1 row. Set machine for tuck. K 1 row. RC000.

Inc. 1 st at each end of next and every foll. 5th row. K to 130 rows.

Raglan shaping

C/O 3 sts at beg. of next 2 rows. RC000.

Dec. 2 sts at each end of next and every foll. 6th row until 28 sts rem. K to 110 rows.

Cont. decs. at left at the same time as C/O 4 sts at beg. of next (at right) and every foll. 2nd row.

Work these two shapings together until 6 sts rem. C/O.

Knit other sleeve to match reversing all shapings.

PRESS AND MAKE UP

All pieces should be pressed lightly.

Join raglan seams. Join side and underarm seam in one. Mattress st hems and cuffs.

NECKBAND

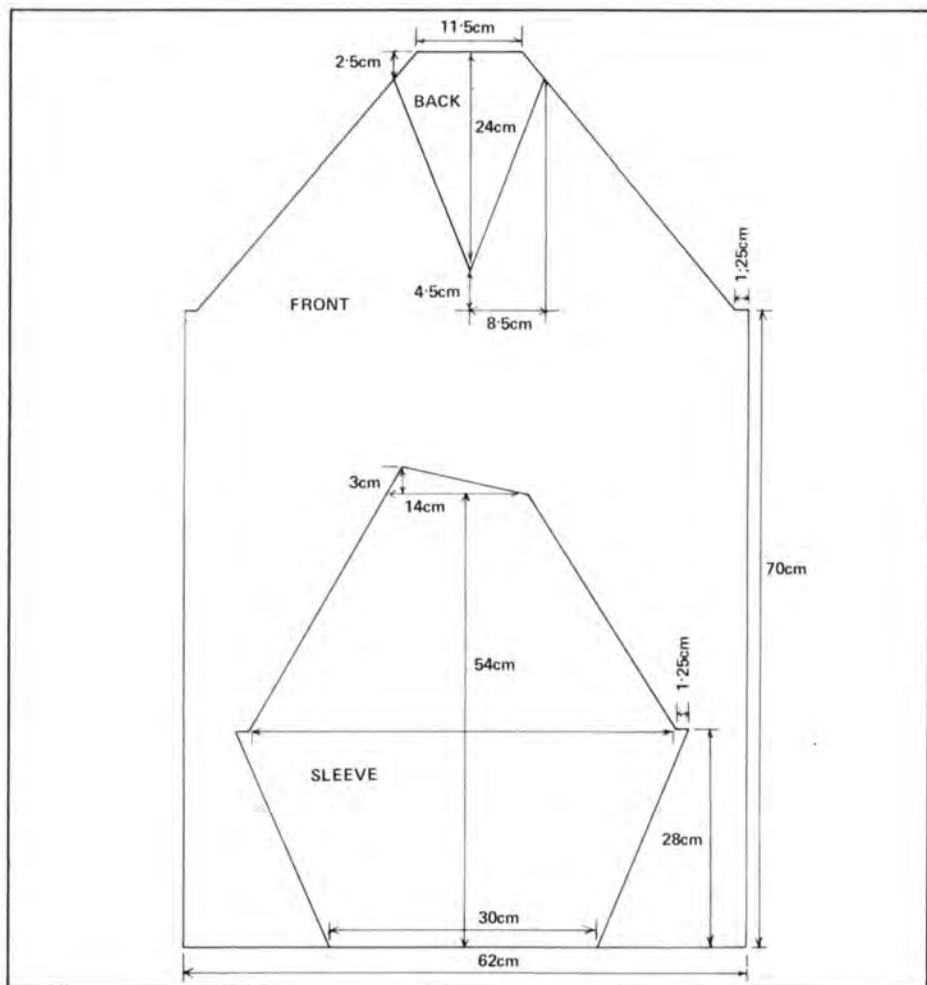
With W.wl. cast on 200 sts. K a few rows. T8 M.wl. dec. 1 st at beg. of next 14 rows. T6 K 2 rows. Inc. 1 st at beg. of next 14 rows. Turn up hem.

Pick up 100 sts from centre back to centre front. With wrong side of work facing place picked up sts onto Ns. C/O. Pick up a second 100 sts from centre back to centre front. Place picked up sts onto Ns and C/O.

Mattress st centre front opening on neckband. Press lightly.

BELT

Make cord belt over 5 sts ten, 5 to required length.





Children's Nautical Outfits



BOYS' AND GIRLS' TOP

Materials

Hayfield Machine Knit. Top: 80 gms white and blue. Skirt: 120 gms red. Shorts: 40 gms blue.

Measurements

To fit chest: 58, 55.5, 58, 60.5 cm (21, 22, 23, 24 ins.).

Skirt length: 30 cm.

Tension

Always check tension before commencing.

T6 40 sts = 14 cm. 60 rows = 15.5 cm.

Success depends on working to correct tension

FRONT AND BACK ALIKE

Insert card and lock on row 1.

With W.wl. cast on 82 (86, 92, 98) sts as 2 x 1 mock rib. K a few rows. Change to M.wl. (blue or red). T4 K 30 rows.

Turn up hem. T6 K 2 rows. RC000. Change to white and K 30 rows.

Pattern

Change to blue or red and K 2 rows. Change to white and K 1 row. Carr. to left, set machine for fairisle. Carr. to right, release card and insert blue or red into second feeder. K 12 rows. Lock card. K 2 rows white. K 2 rows blue or red.

K 6 rows white.

Rep. from * to * once more.

K to 48 rows.

Armhole shaping

Dec. 3 sts at beg. of next 2 rows.

Dec. 1 st at each end of next and every foll. 2nd row 8 times in all. K to 76 rows.

Neck shaping

C/O centre 28 sts. Put left side into HP. Work on right side only.

K 1 row. Dec. 1 st at neck edge on next

and every foll. 2nd row. Work until 3 sts rem. C/O.

Knit other side to match, reversing shapings.

Neck edge

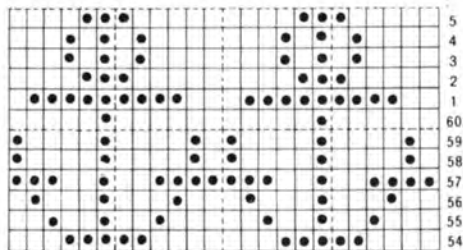
Hold neckline from edge to edge against machine bed. With W.wl. cast on corresponding number of sts as 2 x 1 mock rib. K a few rows. Change to M.wl. (red or blue). T4 K 10 rows. Turn up hem. Pick up the same number of sts along neck edge. Place picked up sts with wrong side facing onto Ns. C/O.

SLEEVES (Both alike)

Insert card and lock on row 1. With W.wl. cast on 67 (70, 73, 76) sts. K a few rows. Change to M.wl. T5 K 10 rows. T6 K 10 rows. Turn up hem and K 2 rows. RC000. Change to white and K 1 row. Release card and work in fairisle to 14 rows. RC000.



C/O 4 sts at beg. of next 2 rows. Cont. in patt. Work to last stripe *at the same time as* dec. 2 sts at each end of next and every foll. 3rd row until 31 (34, 37, 40) sts rem. K 20 rows. Dec. 2 sts at each end of next and every foll. 2nd row until 11 (14, 17, 20) sts.



BOYS' SHORTS

With W.wl. cast on 98 (102, 106, 110) sts. K a few rows. Change to M.wl. T5

K 10 rows. T6 K 10 rows. Turn up hem. RC000.

Dec. 2 sts at each end of next and every foll. 2nd row 4 times in all. K to 55 rows. Change to W.wl. K a few rows. Release from machine. Knit one more side.

WAISTBAND

With W.wl. cast on 163 (171, 183, 195) sts as 2 x 1 mock rib. K a few rows. Change to M.wl. T4 K 20 rows. Turn up hem. With wrong side of work facing place last row of M.wl. on shorts onto Ns. Place first st of second piece onto same N as last st of first piece. C/O.

SKIRT

With W.wl. cast on 84 sts. K a few rows. Change to M.wl. T6 (red) K 10

rows. *T10 K 1 row. T6 K 9 rows. T1 K 1 row. T6 K 19 rows*. Rep. until RC reads 620 (650, 680, 710).

WAISTBAND

First press pleats into place. Tack firmly along top edge. Hold top edge against machine bed and cast on in W.wl. corresponding number of sts as 2 x 1 mock rib. K a few rows. Change to M.wl. (red). T4 K 20 rows. Turn up hem. Pick up same number of sts along top edge of skirt taking care to pick up front and back of skirt pleat in one st. Place picked up sts with wrong side of work facing onto Ns. C/O.

MAKE UP

Press all pieces. Mattress st hems and cuffs. Set in sleeves and join underarm and side seam in one. Graft skirt seam.

LADIES BLOUSE WITH PLEATED FRONT

024, 026). Strip neck and shoulder section off in 3 separate pieces in waste wool.

FRONT

- 1) As back.
- 2) RC000, T4. K 10 rs. Work on 50 (54, 58, 62) at rt (lft) leaving other sts in HP. K straight to row 150 (160, 170, 180). C/O 8 (8, 8, 8) at arm edge.
- 3) RC000. Dec. 1 st at arm edge 5th, 10th, 15th, 20th row. K to 074 (084, 094, 104).
- 4) RC000. Bring to 'E' position 4 sts opp. carr. (at arm edge) every alt row to 018 (020, 022, 024). Push these sts slightly. K 1 r. Strip off in waste wool. K 50 (54, 58, 62) sts on other side to match, setting RC010 at first.

PLEATED CENTRAL SECTION

Push Ns back to 'D' position. Set RC009.

K 1 row, T7. K 20 rs, T4, MDE, picking up row above row made on T7. K 9 rs, T4. Repeat from * to * to complete 14 (15, 16, 17) pleats. NOTE: hems are made when RC shows 030, 060, 090, 120, 150, 180, 210, 240, 270, 300, 330, 360, 390, 420, (450, 480, 510). Strip off in waste wool.

SLEEVES

- 1) In waste wool, cast on 112 (116, 120, 124) sts. K a few rs, RC000, T4. K 186 (190, 194, 198) rs. C/O 8 (8, 8, 8) sts beg. next 2 rs, RC000.

- 2) Dec. 1 st each end row 005, 008, 011, 014, then each end every alt row to row 070 (074, 078, 082). C/O loosely.

CUFFS

In waste wool, cast on 56 (58, 60, 62) in 3 x 1 mock rib. K a few rs, in main wool, K 25 rs, T2, MDE. Attach a sleeve above waste wool (2 sts per N). Cast off.

NECKBANDS

Centre Front

Arrange 51 sts for 3 x 1 mock rib. K a few rs in waste wool. In main wool, K 10 rs, T2, decg. 1 st each end every alt row. K 10 rs increasing 1 stitch beginning every row (in 3 x 1 arrangement), MDE. Carefully remove waste wool. Attach centre front of garment above waste knitting. C/O, leave a thread to join mitre.

Centre Back

Arrange 47 sts. K as above.

Side Pieces

Arrange 55 sts. K as above.

TO MAKE UP

Join shoulder seams on machine above waste wool. C/O. Over-sew pleated section and join front seams. Join front/back and sleeve seams. Set in sleeves. Mitre neck corners.

*Knitleaders follow pattern for pleated section.

Materials

3 cones Pearl (rayon) Silverknit

Measurements

To fit 36 (38, 40, 42)" bust

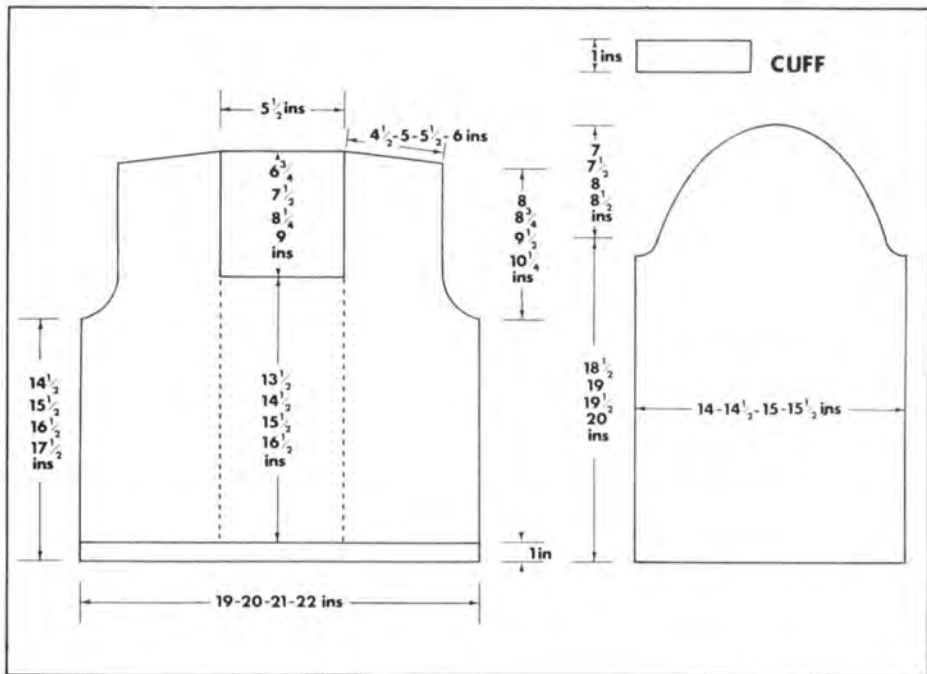
Tension

12 rs x 8 sts = 1", TD 4.

BACK

- 1) Arrange 151 (159, 167, 175) Ns for 3 x 1 mock rib. K a few rs in waste wool. K 25 rs in main wool. T2, MDE.
- 2) RC000, T4. K 150 (160, 170, 180) rs. C/O 8 (8, 8, 8) sts beg. next 2 rs.
- 3) RC000. Dec. 1 st each end, 5th, 10th, 15th, 20th rs. Continue straight to 074 (084, 094, 104).
- 4) RC000. Bring 4 sts opp. carr. to 'E' position every row to row 020 (022, 024, 026).

30





Home Furnishings

WOVEN RUG

Materials

Lister/Lee Target Conifer Acrylic/Nylon, 1 cone white, 1 cone black (referred to as M.wl.).

Lister/Lee Target Kaftan, 5 balls white, 5 balls black (referred to as weaving wl.).

Measurements

Finished rug without tassels measures 88 cm (34½") x 160 cm (63").

Tension

Always check tension before commencing.

T7. 40 sts = 17.5 cm, 60 rows = 14.5 cm.

Success depends on working to correct tension

Notes

See diagram for punch card. 1" bias tape for edging. Tassels approx. 10 cm finished length.

RUG

Insert card and lock on row 1.

With M.wl. (white) COBH 200 sts. K 3 rows. Set machine for weaving. K 1 row. Release card and cont. in weaving.

PATTERN

M.wl. white, weaving wl. black:
K 2 rows.

M.wl. white, weaving wl. white:
K 2 rows.

M.wl. white, weaving wl. black:
K 2 rows.

M.wl. white, weaving wl. white:
K 2 rows.

M.wl. white, weaving wl. black:
K 2 rows.

Referred to as STRIPES

M.wl. white, weaving wl. black:
K 20 rows.

STRIPES

M.wl. black, weaving wl. white:
K 20 rows.

STRIPES

M.wl. white, weaving wl. black:
K 19 rows.

STRIPES

M.wl. black, weaving wl. white:
K 20 rows.

STRIPES

M.wl. white, weaving wl. black:
K 20 rows.

STRIPES

M.wl. black, weaving wl. white:
K 19 rows.

Rep. twice more

STRIPES

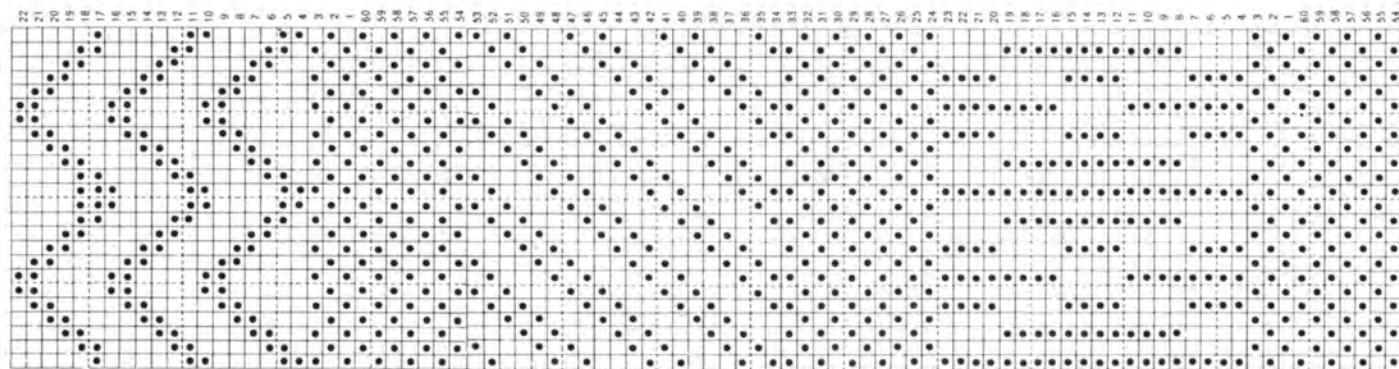
M.wl. white, weaving wl. black:
K 20 rows.

STRIPES

M.wl. white K 4 rows st st. C/O.

MAKE UP

Finish off all loose ends. Press. Attach tape along side to firm and neaten edges. Make tassels in alternate colours – approx. finished length 10 cm.





TEENAGER'S DISCO DRESS & TIGHTS



Materials

Mailyarns Ltd., 38 High Street, Syston, Leicester, LE7 8GP.
Bancot 4 ply cotton: Lilac (M. col.) 1½ cones. Small amount of Pink and Blue.

Measurements

To fit bust: 76cm (30"), 81cm (32"), 86cm (34"), 91cm (36").

Tension

Always check tension before commencing.

15 sts and 25 rows = 5cm (2") over lace patt. (Approx. T3).

Success depends on working to correct tension.

Notes

Unless otherwise stated all welts can be knitted using a ribbing attachment. Use T1/1 and knit half the amount of rows, arrange needles as for 1 x 1 rib. For card see diagram.

DRESS (Back and Front alike)

Insert card and lock on row 1. With W.wl. cast on 150 (150, 159, 159) sts. Knit a few rows. Change to M.wl. (Lilac), T3 knit 20 rows. Turn up hem. RC000. Release card and work in lace to 340 rows, or required length. RC000. Transfer sts to make 2 x 1 mock rib. T1 working in stripes of 4 rows each, Pink, Blue, Lilac; Pink, Blue, Lilac; Pink, Blue, Lilac. Pick up first row of rib and place onto Ns. Cast off.

SHOULDER STRAPS

Using ribbing attachment cast on 20 sts as 1 x 1 rib. T1/1 knit until strap measures 34 (34, 36, 36) cm. Cast off.

TIGHTS (two legs alike)

Insert card and lock on row 1. Using ribbing attachment cast on 108 (108, 114, 114) sts as 1 x 1 rib. T1/1. Working in stripes of 4 rows each, Pink, Blue, Lilac; Pink, Blue, Lilac; Pink, Blue, Lilac. RC000.

Transfer all sts to main bed. Cont. in Lilac. Release card and work in lace. T3 knit to 120 rows. RC000.

Inc. 1 st at beg. of next 2 rows. Knit 6 rows. Rep. until 144 (144, 150, 150) sts

rem. Knit to 144 rows or required length. RC000.

Inc. 1 st at beg. of next 18 rows. Knit 2 rows. Dec. 1 st at each end of next and every foll. 2nd row until 144 (144, 150, 150) sts rem. RC000. Knit to 82 rows or required length. RC000.

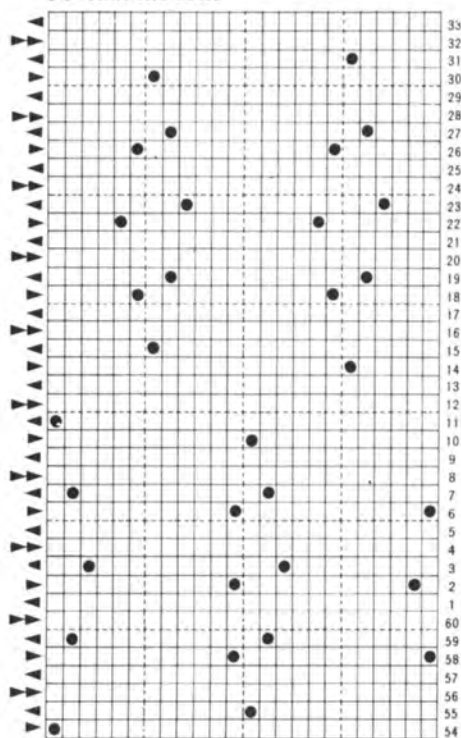
WAISTBAND

Transfer sts to make 2 x 1 mock rib. T1 knit 26 rows. Pick up first row of rib and place on Ns. Cast off.

MAKE UP AND SIDE SLITS

Press all pieces. Join crutch seam on tights, join two leg seams in one. Thread waistband with 2cm (¾") elastic. Mattress st waistband openings. Join side seams on top leaving slit of 30cm (12") from hem. With M.wl. cast on 80 sts. T3 knit 20 rows. Turn up hem. Pick up 80 sts along one side of opening. Place picked up sts onto Ns. Cast off. Rep. for three sides rem. Overlap hems on slits and attach to main garment. Attach shoulder straps in appropriate position. Thread top hem with 2cm (¾") elastic. Mattress st openings. Press all seams lightly.

▶▶ Knit two rows



FOCUS ON KNITTING



Machine Knit Patterns available from
Listerley Target.

◀
Leaflet No. M/K 1211
Lister/Lee Target
Conifer Wool/Nylon
86-97cm (34-38ins.) Bust

Leaflet No. MK. 1275 ▶
Lister/Lee Target
Conifer Wool/Nylon
86-97cm (34-38ins.) Bust
91-102cm (36-40ins.) Hips

JOIN THE CLUB

At Stevenage: —

"The Break-a-Way Machine Knitting Club" meets on the 2nd and 4th Monday of each month between 2pm and 4pm, as well as the 3rd Wednesday of each month between 8pm and 10pm. Mrs. Joyce Cannon of 16, Oakwood Close, Stevenage, Herts SG2 9QU, who runs the club, demonstrates knitting techniques and helps the members with any knitting problems they might have.

At Inverkeithing: —

"Forth Machine Knitting Club" is a thriving machine knitting club on the banks of the Firth of Forth. The Club has approximately 30 regular members and caters for beginners, intermediate and advanced knitters alike, arranging speakers and visits to mills and other machine knitting clubs. Meets each Wednesday from 7.30pm to 9pm at Inverkeithing Youth and Community Wing, Hillend Road, Inverkeithing. The annual subscription is £3. Contact Mrs. C.S. Freeman, 9 Greyfriars Walk, Inverkeithing, Fife, KY11 1DE.

At Cardiff: —

Mrs. M. Ferris runs a knitting club which meets on the last Friday of every

month at St. Michael's Church Hall, Gelligaer Street, Cathays, Cardiff, throughout the year. Beginners and advanced knitters are made welcome. Informal fashion shows and trips of interest are but a few of the clubs activities. For more information contact Mrs. M. Ferris, Cones of Cardiff (The South Wales Knitting Machine Specialists), Shop in 11, Castle Street, Cardiff.

At Slough and Bracknell: —

"The Cee Vee Machine Knitting Clubs" run by Carol Chambers in Slough and Bracknell will be running throughout the year and new members are always welcome — contact Carol Chambers on Slough 71172 or Slough 38095 for programme of future lessons and club activities. Carol will be running short courses during the day (or evening if it suits some people best) on specialised subjects. The topics are to be covered in 3 or 4 lessons lasting about 1½-2 hours each, a maximum of 4 people will attend each session so everyone has the opportunity to try the techniques demonstrated for themselves and get individual help with any problems. Carol would be quite happy to help non-Club members too. The topics covered include "Using the ribber for patterning and basic use of colour";



"Learning the basics" (for new knitters); "Getting the best out of your stitch pattern"; "Fitting and designing knitwear" — using the Knitleader. If anyone has any suggestions for other subjects they would like to cover, Carol would try to comply if there is sufficient demand.

STAGPORT LIMITED

The 2ply pure wool range by Stagport Ltd. has been expanded, so they now carry 25 repeatable colours in their "All English" wool range and 10 repeatable colours in their new "So Soft" machine washable wool range. All wools carry the Woolmark and are available on both 250gm and 500gm Cones — which they feel are most convenient for the customer as they can choose the most economic cone size for their requirements. Prices are: — for the "All English" range (which incidentally is exactly as described, only the fleece of English sheep are used in the spinning) £2.50 for a 250gm cone and £4.55 for a 500gm cone. The "So Soft" range is £2.70 per 250gm cone and £5.10 per 500gm cone.

Full details and shade cards are available at 20p (refundable on first order) from: — Stagport Ltd., PO Box 24, Slough, Berks, SL1 2NW.

