

Copyright © Bond Knitting Systems 1980 Design - Graham Whatley

Duranta Printers Limited, Southwark, London SE1

R1/16/81

## **BOND** BOOK 2

# Getting going!

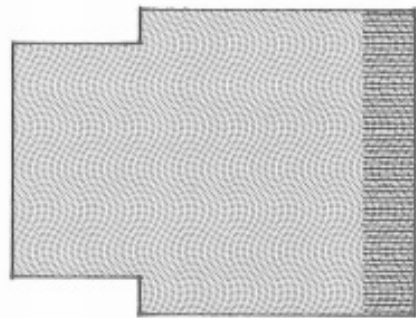
This book shows  
you how to knit  
your first garment!

- Cast-on
- Shape the garment
- Cast-off
- Press the knitting

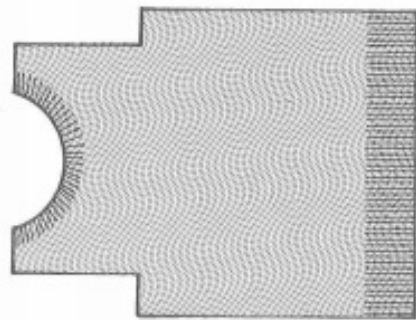
This book shows you how to knit a sweater made up from these simple shapes. Start by knitting the back.

See the pattern for your size!

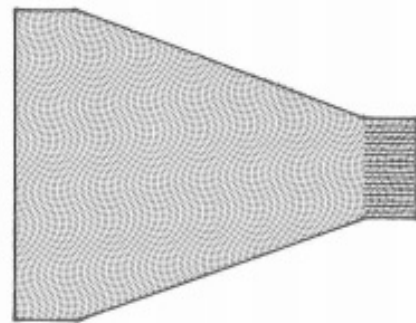
BACK



FRONT



SLEEVES  
(two alike)

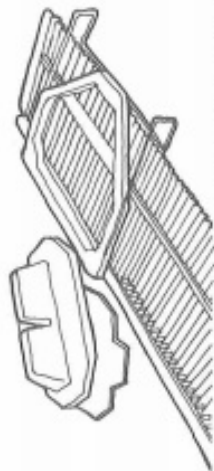


# 1

## Prepare the needles.

Look at the pattern and see how many needles you need to cast-on for your size.

**A**



Remove the handle and key-plate, and push the carriage to the right hand end of the machine.

**C**



Check all the other needles are pushed right back. (These will not knit)

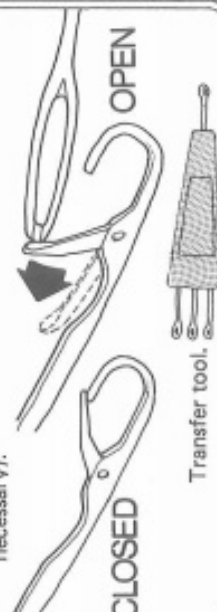
**B**



Push the number of needles to be cast on right to the front. Choose needles in the middle of the machine as shown.

**D**

Make sure all latches of the needles to be cast-on are open. (Flick them open with the transfer tool, if necessary).

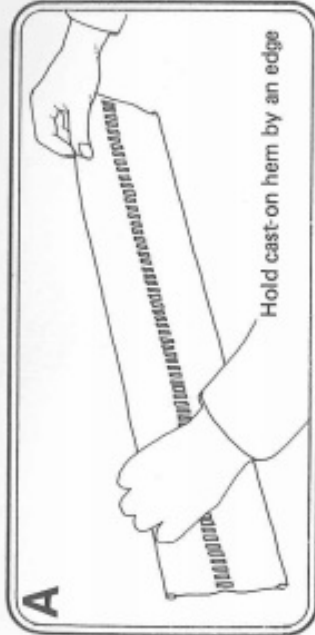


Transfer tool.

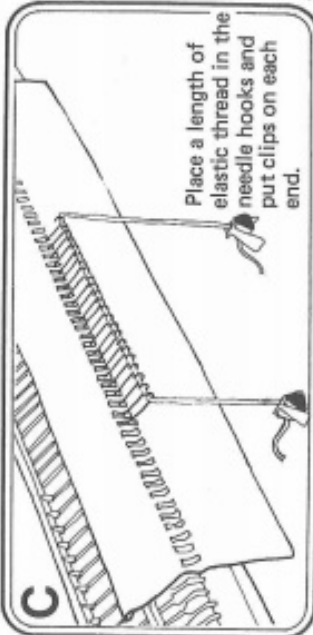
# 2

## Prepare the cast-on hem..

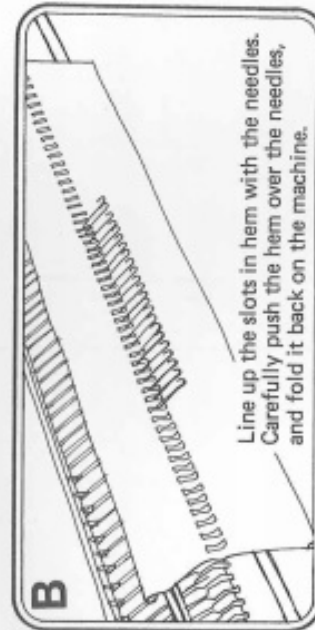
A weighted hem must be hung on the hooks of the needles before casting on. (This ensures constant tension in the knitting).



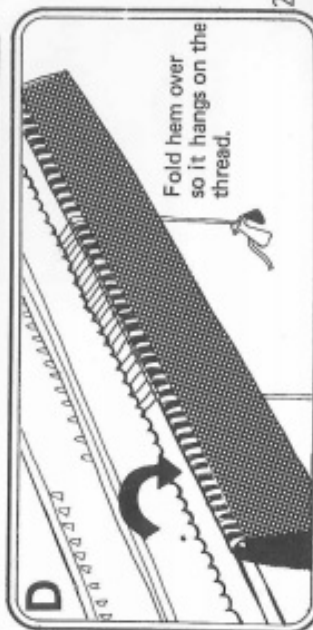
Hold cast-on hem by an edge



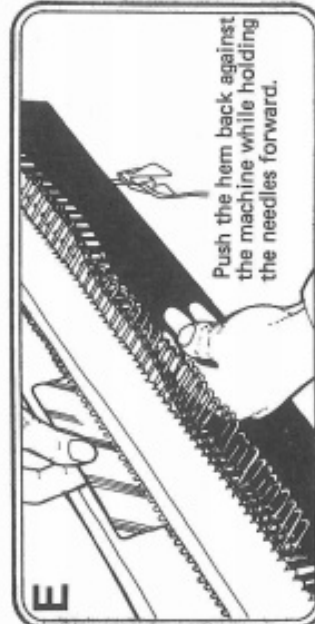
Place a length of elastic thread in the needle hooks and put clips on each end.



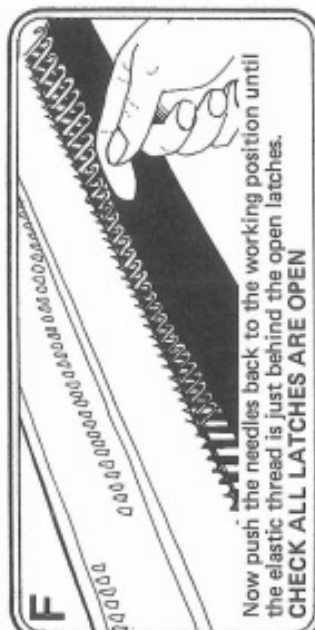
Line up the slots in hem with the needles. Carefully push the hem over the needles, and fold it back on the machine.



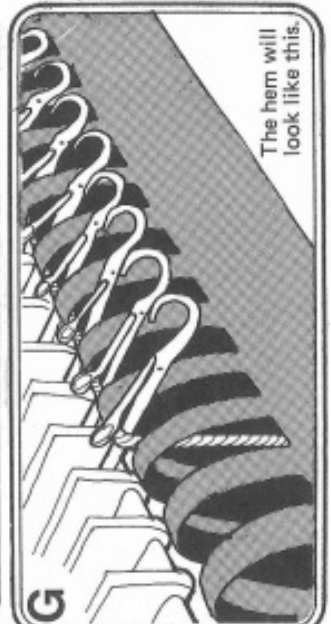
Fold hem over so it hangs on the thread.



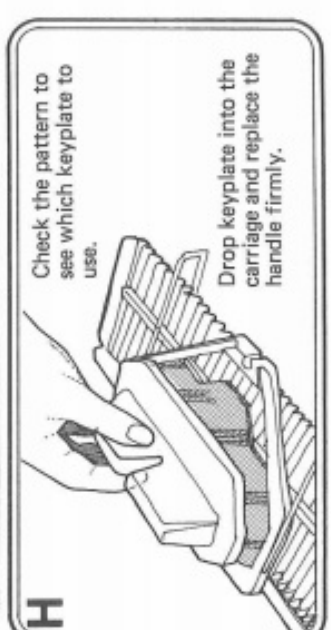
Push the hem back against the machine while holding the needles forward.



Now push the needles back to the working position until the elastic thread is just behind the open latches.  
**CHECK ALL LATCHES ARE OPEN**



The hem will look like this.



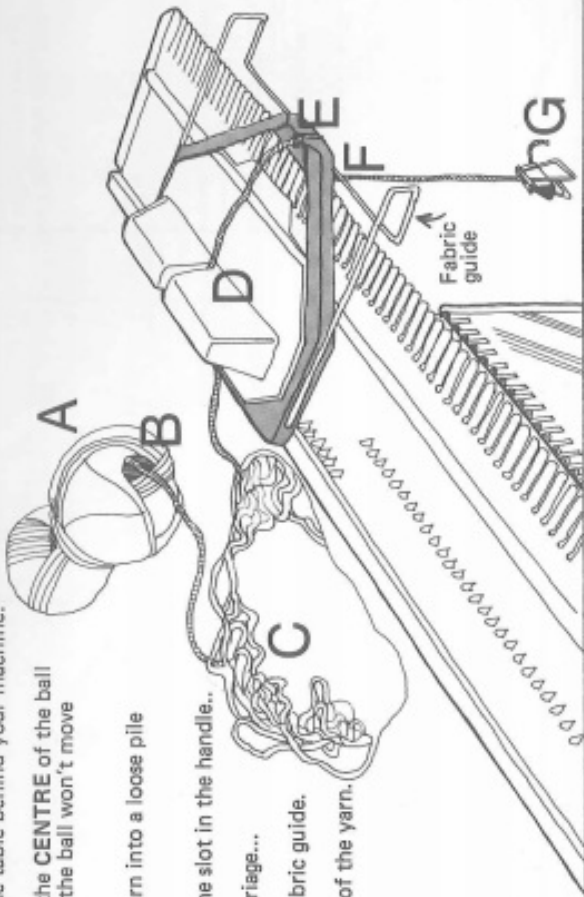
Check the pattern to see which keyplate to use.

Drop keyplate into the carriage and replace the handle firmly.

# 3

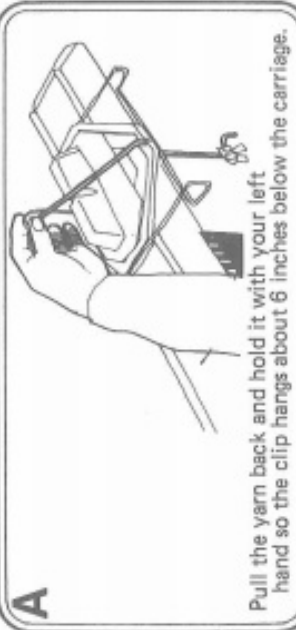
*Thread up..*

- A. Place the ball of yarn on the table behind your machine.
- B. Pull the end of yarn from the **CENTRE** of the ball so it runs out freely. Also, the ball won't move around on the table.
- C. Pull out several yards of yarn into a loose pile on the table.
- D. Thread the yarn through the slot in the handle..
- E. Through the eye of the carriage...
- F. Round the **BACK** of the fabric guide.
- G. Now put a clip on the end of the yarn.

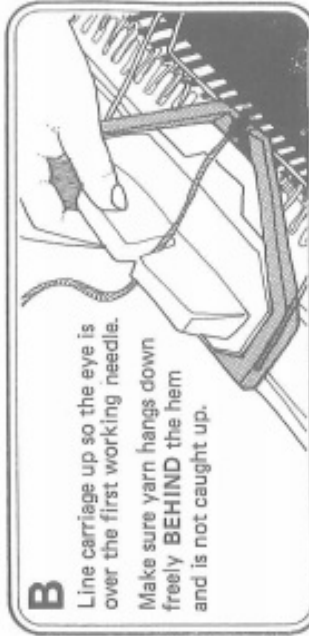


# 4

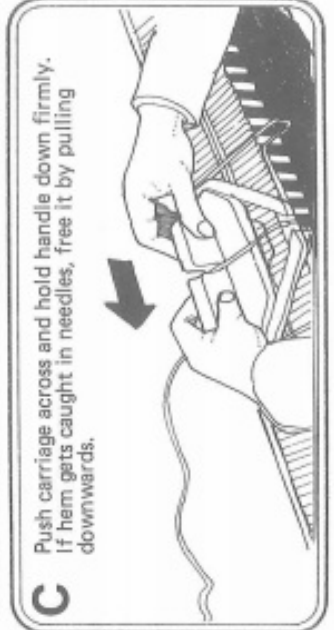
*Cast-on..*



**A** Pull the yarn back and hold it with your left hand so the clip hangs about 6 inches below the carriage.



**B** Line carriage up so the eye is over the first working needle. Make sure yarn hangs down freely **BEHIND** the hem and is not caught up.



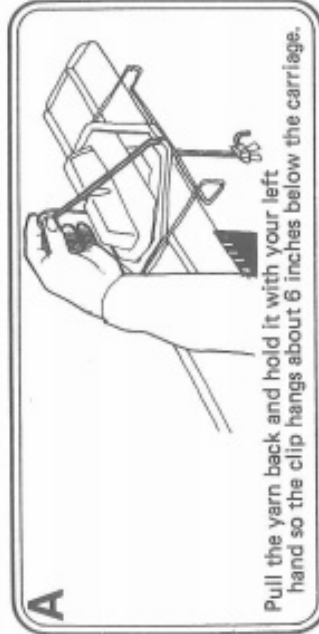
**C** Push carriage across and hold handle down firmly. If hem gets caught in needles, free it by pulling downwards.



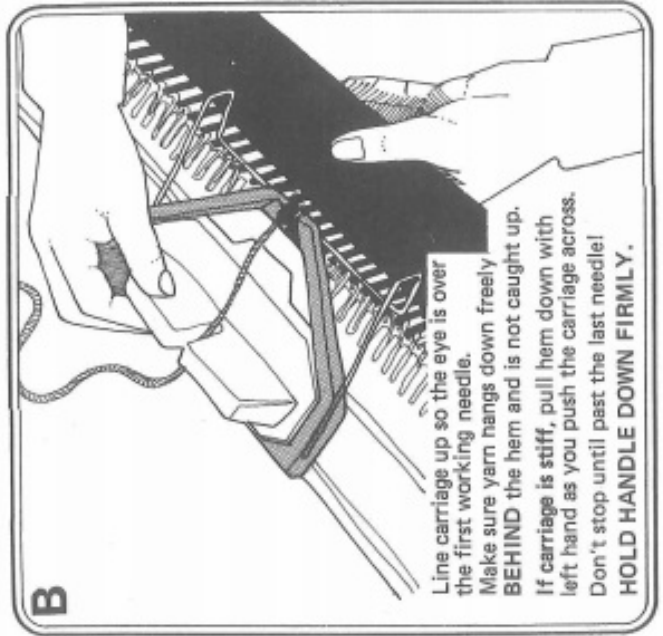
**D** Pull the hem down to make sure all the stitches have cast - on.

NEW  
INSTRUCTIONS  
for Book 2

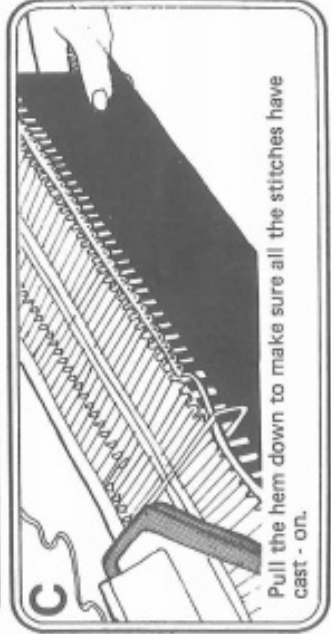
# 4 *Cast-on..*



Pull the yarn back and hold it with your left hand so the clip hangs about 6 inches below the carriage.



Line carriage up so the eye is over the first working needle.  
Make sure yarn hangs down freely **BEHIND** the hem and is not caught up.  
If carriage is stiff, pull hem down with left hand as you push the carriage across.  
Don't stop until past the last needle!  
**HOLD HANDLE DOWN FIRMLY.**

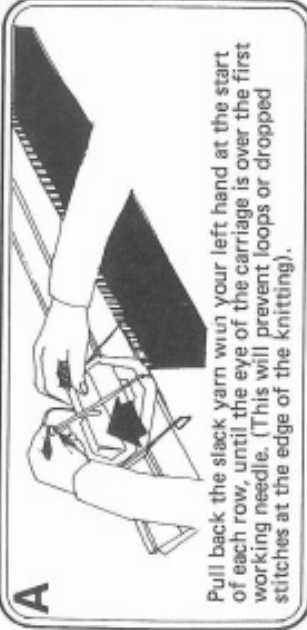


Pull the hem down to make sure all the stitches have cast - on.

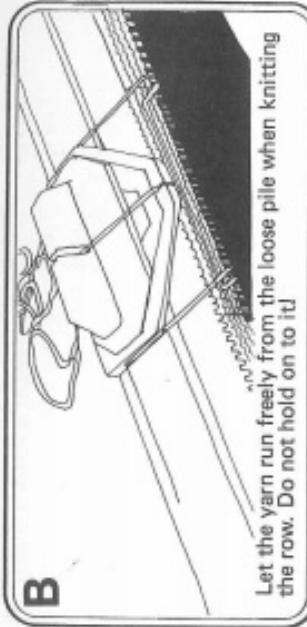
# 5

## Knit!

BEFORE STARTING, READ THESE POINTS CAREFULLY. YOU WILL THEN HAVE TROUBLE-FREE KNITTING!



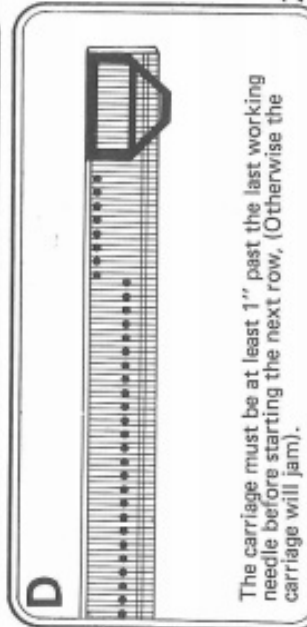
**A** Pull back the slack yarn with your left hand at the start of each row, until the eye of the carriage is over the first working needle. (This will prevent loops or dropped stitches at the edge of the knitting).



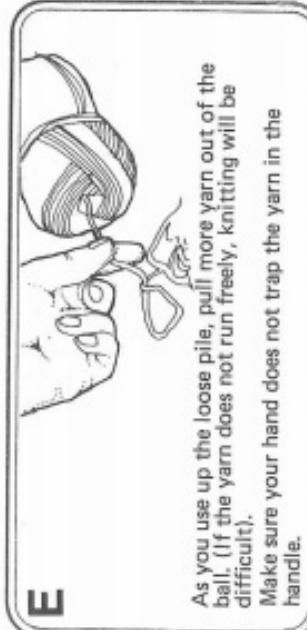
**B** Let the yarn run freely from the loose pile when knitting the row. Do not hold on to it!



**C** Push carriage across smoothly, and not too fast! Hold handle down firmly to prevent keyplate from jumping up.



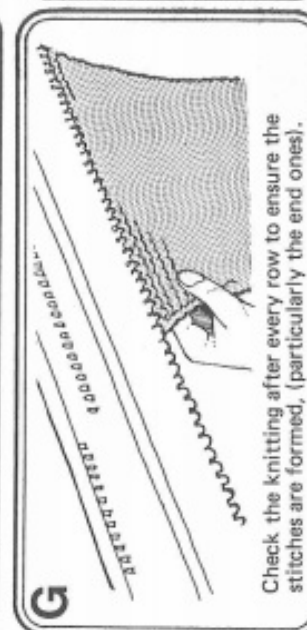
**D** The carriage must be at least 1" past the last working needle before starting the next row. (Otherwise the carriage will jam).



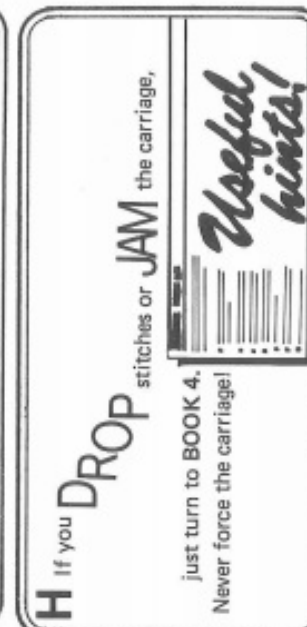
**E** As you use up the loose pile, pull more yarn out of the ball. (If the yarn does not run freely, knitting will be difficult). Make sure your hand does not trap the yarn in the handle.



**F** You may find it easier to use both hands to work the carriage, and to stop the keyplate jumping up.



**G** Check the knitting after every row to ensure the stitches are formed, (particularly the end ones).



**H** If you **DROP** stitches or **JAM** the carriage, just turn to **BOOK 4**. Never force the carriage!

*Useful hints!*

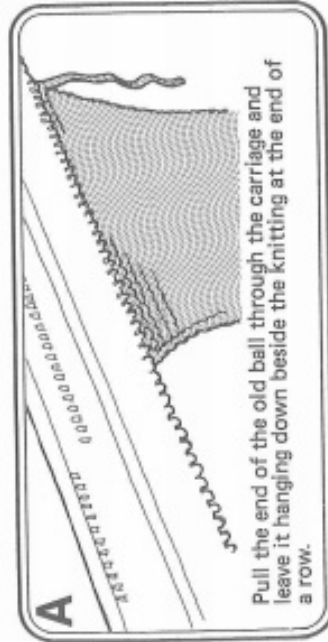


just turn to **BOOK 4**.  
Never force the carriage!

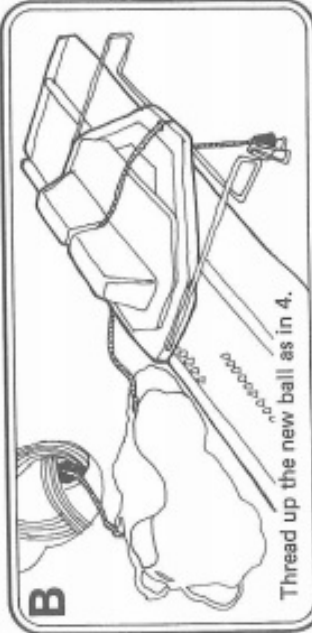
# 6

## Start new ball..

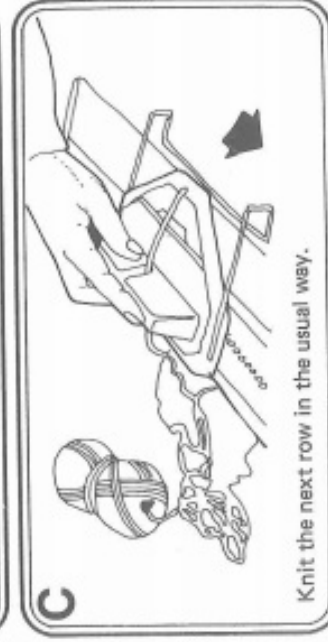
Stop knitting before the ball of wool runs out!  
(If the ball runs out halfway through a row, you will drop all the stitches).



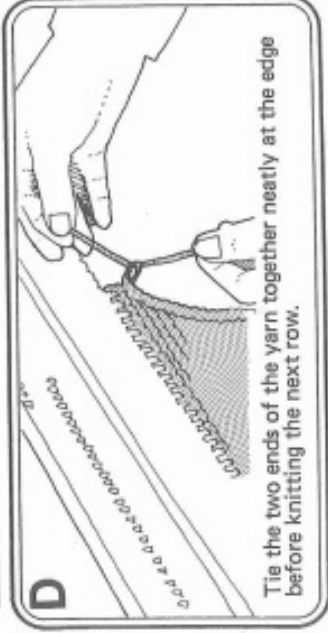
Pull the end of the old ball through the carriage and leave it hanging down beside the knitting at the end of a row.



Thread up the new ball as in 4.



Knit the next row in the usual way.



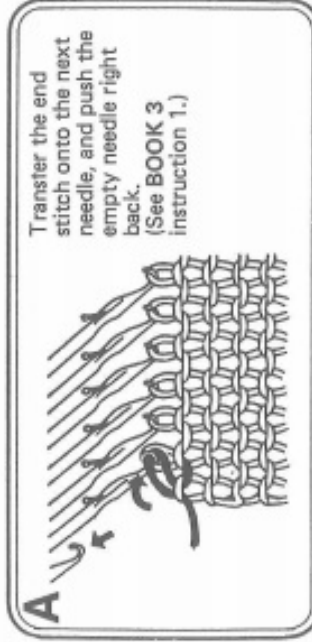
Tie the two ends of the yarn together neatly at the edge before knitting the next row.

# 7

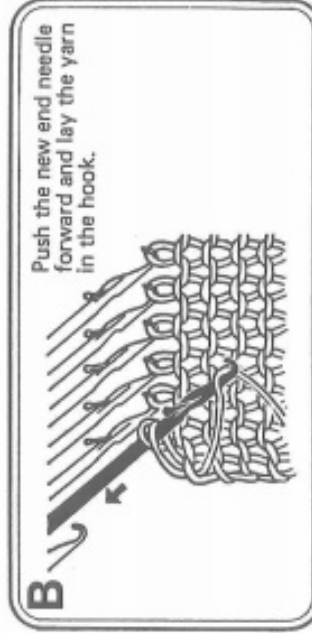
## Decrease..

When you reach the armhole shaping—STOP! Now decrease at both edges, (refer to pattern). You can decrease only at the carriage side. So, after decreasing at the carriage edge, knit one row to decrease at the other edge.

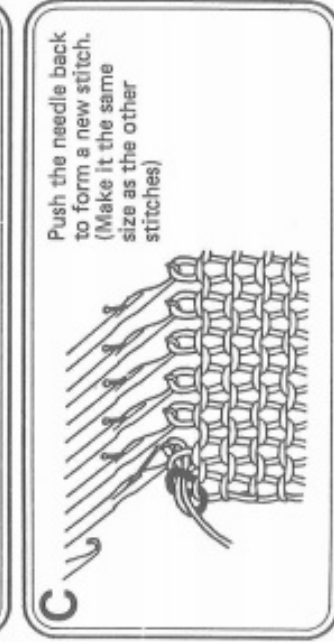
NB. Line up carriage with first new working needle and pull back slack yarn before knitting.



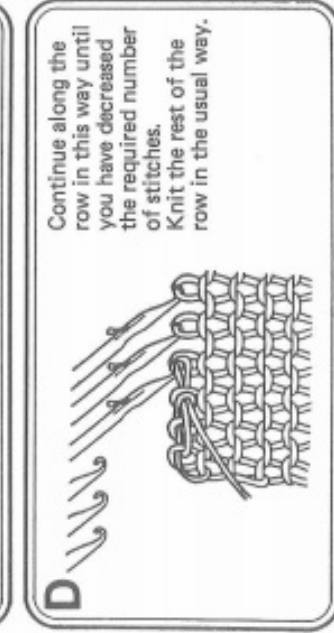
Transfer the end stitch onto the next needle, and push the empty needle right back. (See BOOK 3 instruction 1.)



Push the new end needle forward and lay the yarn in the hook.



Push the needle back to form a new stitch. (Make it the same size as the other stitches)

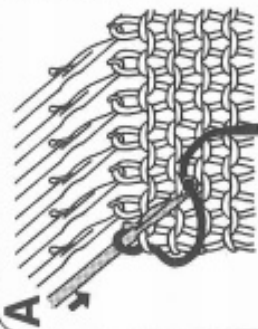


Continue along the row in this way until you have decreased the required number of stitches. Knit the rest of the row in the usual way.

# 8

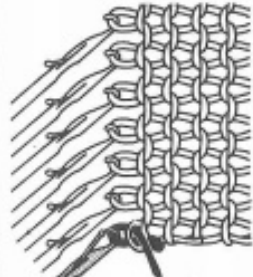
## *Cast-off: Chain stitch..*

After knitting the number of rows for your size... STOP!  
Cut the yarn so you leave 3 times the width of knitting to be cast-off.



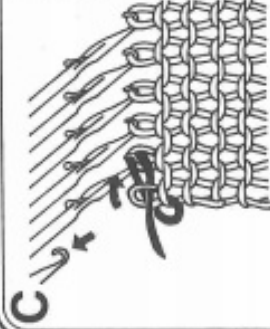
Starting at the edge nearest the carriage, push the end needle forward until the stitch slides behind the latch.  
Then lay in the yarn by hand as shown.

**A**



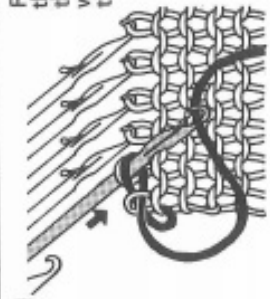
Push the needle well back to form a new stitch. (If the new stitch is too small, the cast-off will be too tight)

**B**



Transfer the stitch onto the next needle using the transfer tool.  
(Do this as Decreasing: 7)

**C**



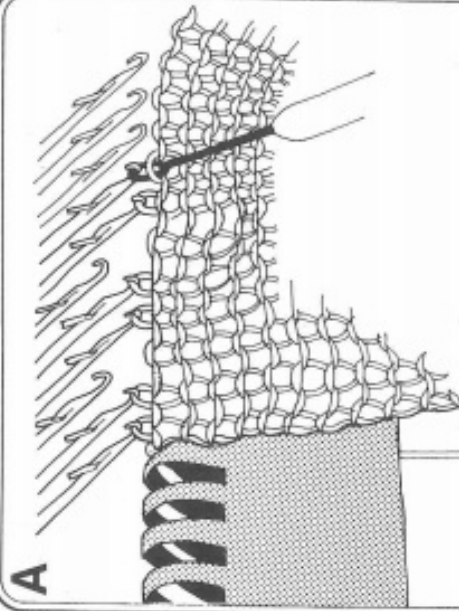
Repeat the steps A-C for the remaining stitches of the row. (This way you will progressively cast off the row).

**D**

# 9

## *Prepare for Ribbing..*

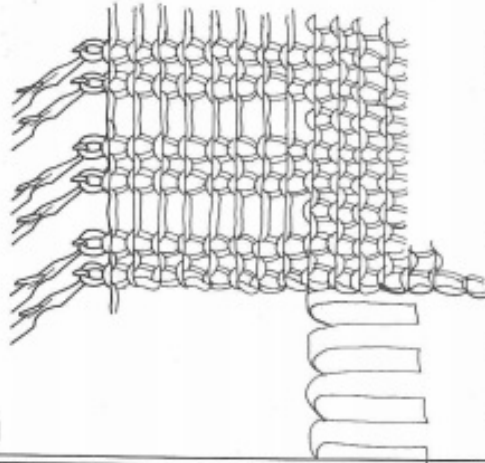
To add ribbing, you must hook the cast-on row of stitches back onto the needles.  
The wrong side (purl side) of the knitting must face you, leaving the cast-on hem hanging down behind.



**A**

Place the stitches of the row onto the needles leaving every third stitch unhooked.  
Push every third needle (not carrying a stitch) back to the non-working position.

**B**



Put needles in working position and knit rows for rib.  
A ladder will form for every third stitch.  
These ladders will be ribbed.



# 10

## How to rib..

Use the latchet hook to knit ribbing



**A**

Insert latchet hook into the cast-on stitch at the bottom of the first ladder.

**B**

**FIRST,** catch the cross-thread above the bottom stitch in the hook.

**SECOND,** pull the cross-thread through to form a new stitch.

**THIRD,** push the hook back and catch the next cross thread up. Continue up the ladder and hook the last stitch onto the needle.

**C**

Repeat Step B. for every ladder. When you have finished, cast-off the knitting using **CHAIN** stitch as before (See 8 in this book)

Lift knitting off the needles. Open out cast on hem and snip the elastic every 2" to 3" with scissors. Pull the knitting off gently.

- Take care not to cut or tear the hem.

# 11

## Press..

Pull the knitting down firmly to get it into shape. Leave it to settle down for a day, then press it to the correct size.

**A**

Pin out the knitting to the correct size on a thick folded blanket or towel. Measure the knitting widthways and lengthways. Pull it into the correct shape before pinning it all round.

**B**

Press the knitting with an iron. Follow the ironing instructions on the ball band. If none are given, observe the following:

- ACRYLIC : Do not iron.
- NYLON : Cool iron & dry cloth.
- WOOL : Hot iron & damp cloth.
- MIXTURE : Press as for yarn with the larger percentage.

Allow the knitting to cool for a few minutes before removing the pins. (Do not overpress or you will flatten the stitches and lose the appearance of the knitting!)

Remember; NEVER PRESS RIBBING.